

Gleeful Waltz

COPPER **KNOB**
BY STEPHEN

拍数: 24 墙数: 4 级数: Beginner
编舞者: Frank Trace (USA) - July 2015
音乐: What the World Needs Now (Glee Cast Version) - Glee Cast



Choices for music:-

“We’ll Waltz In Love Tonight” by Reba McEntire (117 bpm)

“If I Ain’t Got You” by Alicia Keys

Note, You may use any waltz that you like.

Intro: Start on vocals

BASIC WALTZ STEPS FORWARD & BACK

1-3 Step L forward, step R next to L, step L in place

4-6 Step R back, step L next R, step R in place

TURN ¼ LEFT BASIC, BASIC WALTZ BACK

1-3 Cross L slightly over R while making a ¼ turn left, step R next to L, step L in place (9:00)

4-6 Step R back, step L next R, step R in place

TWINKLE STEPS RIGHT & LEFT

1-3 Cross L over R, step R slightly right, step L next to R

4-6 Cross R over L, step L slightly left, step R next to L

BASIC WALTZ FORWARD, BACK, ½ TURN, FORWARD

1-3 Step L forward, step R next to L, step L in place

4-6 Step R back starting to turn left, step L forward turning ½ left, step R forward (3:00)

You will travel slightly forward towards 3:00 wall as you do the ½ turn waltz step.

START OVER AND SMILE

Last Update – 16th Sept 2016