

Needing Stitches

COPPER KNOB
STEPSHEETS

拍数: 64
编舞者: Brandi Gross (USA) - June 2015
音乐: Stitches - Shawn Mendes

墙数: 2

级数: Phrased Intermediate



Sequence: A-B-B-A-A-A-B-B-1/2A-A-A-B-B-B
Intro-72 counts (When strong beat begins)

Section A: 32 counts

A[1-8] CROSS, ROCK, RECOVER, CROSS, ¼ R, FULL TURN, STEP

- 1 – 4 Cross L over R (1), Rock R out to R (2), Recover onto L (3), Cross R over L (4)
5 – 6 Turn ¼ R stepping back on L (5), Turn ½ R stepping fwd on R (6) (9:00)
7 – 8 Turn ½ R stepping back on L (7), Step back on R (8), (3:00)

A[9-16] SLIDE, ROCK, RECOVER, OUT, OUT, STEP, ¼ L CROSS SHUFFLE

- 1 – 4 Take a big step back on L (1), Drag R into L (2), Rock back on R (3), Recover onto L (4)
&5 6 Step R out to R diagonal (&), Step L out to L diagonal (5), Step R fwd (6)
7 & 8 Turn ¼ L crossing R over L (7), Step R to R side (&), Cross L over R (8) (12:00)

**Here on wall 9, step R to R side for (&) and restart A.

A[17-24] STEP, HITCH, ½ L, HITCH, VINE, SCUFF, DIAGONAL STEP

- 1 – 4 Step R to R side (1), Hitch L knee (2) Turn ½ L stepping L fwd (3), Hitch R knee (4) (6:00)
5 – 7 Step R to R side (5), Cross L behind R (6), Step R to R side (7)
8& Scuff L foot (8), Step L to R diagonal (&)

A[25-32] ROCK, RECOVER, TRIPLE BACK, ROCK RECOVER, WALK X2

- 1 – 2 Rock R to R diagonal (1), Recover onto L (2) (7:30)
3 & 4 Stay on diagonal and step R back (3), Step L next to R (&), Step R back (4)
5 – 6 Rock L back (5), Recover onto R (6)
7 8& Walk fwd on L (7), Walk fwd on R (8), Square up rotating 1/8 L (keep weight on R) (6:00)

Section B: 32 counts (oriented from 12:00)

B[1-8] SCUFF, HOOK, KICK, STEP, SCUFF, HOOK, KICK, STEP, SWIVEL HEEL-TOE-HEEL

- 1&2& Scuff L (1), Hook L across R (&), Small kick to L diagonal with L (2), Step L next to R (&)
3&4 Scuff R (3), Hook R across L (&), Small kick to R diagonal with R (4)
5 – 6 Step R to R side turning both toes to R (5), Swivel heels to R (6)
7 – 8 Swivel toes to R (7), Swivel heels to R ending with weight on R (8)

B[9-16] STEP, FLICK BEHIND, STEP, CROSS TOUCH BEHIND, STEP, SWIVEL HEEL-TOE-HEEL

- 1 – 4 Step L to L (1), Flick R behind L (2), Step R to R side (3), Touch L across behind R (4)
5 – 6 Step L to L side turning both toes L (5), Swivel heels to L (6)
7 – 8 Swivel toes to L (7), Swivel heels to R ending with weight on L (8)

B[17-24] STOMP, BOUNCE X3, STEP W/ BODY ROLL, STEP, STEP W/ BODY ROLL

- 1 – 4 Stomp fwd on R bending body fwd (1), bounce body back up 3X (2,3,4)
5 – 6 Step R back while body rolling back (5,6) Step L next to R (&), Step R back while body rolling back (7,8)

B[25-32] ROCK, RECOVER, FULL TURN, STEP, HOOK W/ ½ R, STEP, TOUCH

- 1 – 2 Rock back on L (1), Recover onto R (2)
3 – 4 Turn ½ R stepping back on L (3), Turn ½ R stepping fwd on R (4) (12:00)
5 – 6 Step L fwd (5), Turn ½ R hooking R across L (6) □Step R fwd (7), Touch L out to L (8) (6:00)

****After 16 counts of A on wall 9, take an extra step to R with R for count (&) and Restart A.**

Enjoy!

Please do not alter this step sheet in any way. - Contact: Brandi Gross, bgross388@gmail.com
