

Swingin' Shuffle

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: High Beginner
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音乐: Swingin' - LeAnn Rimes



Side behind, syncopated cross shuffle, side together, shuffle forward

1,2,3&4 Step R to side, L behind R, step R to side, cross shuffle LRL
5,6,7&8 Step R to side, bring L to R, shuffle forward RLR

Side behind, syncopated cross shuffle, side together, shuffle backward

1,2,3&4 Step L to side, R behind L, step L to side, cross shuffle RLR
5,6,7&8 Step L to side, bring R to L, shuffle forward LRL

Rock back, recover , kick ballchange, 1/2 turn box

1,2,3&4 Rock back on R, recover to L, R kick ballchange
5,6,7,8 in the shape of a box, step R forward and out, L out, R back and 1/4 turn, L forward and 1/4 turn [Pattern]

[6-5]

[7-8]

Cross Rock, side together 1/4 turn, rock forward, recover, coaster step

1,2,3&4 Cross R over L, recover to L, R side together, 1/4 turn
5,6,7&8 Rock forward L, recover to R, L coaster step
