

# Lay Back and Let It Ride

COPPER KNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Candee Seger (USA) & Betsy Courant (USA) - July 2015  
音乐: It Feels Good - Drake White



## #24 count intro (dance starts on lyrics)

### S1. Rock recover, ½ turn shuffle right, full turn right, side rock recover cross

123&4      Rock forward R, recover L, ½ turn shuffle over right shoulder (6:00)  
5-6      ½ turn right stepping back on L, ½ turn right step forward R  
7&8      Rock L to left side, recover R, cross L over R

### S2. Side, hold, & side touch, ¼ left forward L, ½ left back R, left coaster step

12&34      Step R to right side, hold, step L next to R, step R to right side, touch L next to R  
5-6      ¼ turn left step forward L, ½ turn left step back R (9:00)  
7&8      Step back L, step R next to L, step forward L

### S3. Walk RL, English cross, forward L, ¼ right, behind side crossing shuffle

1 2      Walk forward R L  
&3 4      ¼ turn left step R to right side, cross L over R, ¼ turn right step forward R (9:00)  
5 6      Step forward L, ¼ pivot right step R to right side □ (12:00)  
7&8&      Step L behind R, step R to right side, cross L over R, step R to right side

### S4. Cross L over R, step side, 2 sailor steps (LR), L touch unwind ½ turn left

1 2      Cross L over R, step R to right side  
3&4      Step L behind R, step R next to L, step L to left side  
5&6      Step R behind L, step L next to R, step R to right side  
7 8      Touch L behind R, ½ unwind turn over left shoulder taking weight onto L (6:00)

### S5. Step R rock recover & L rock recover & step R, ½ turn left w/hitch, step (clap 2x)

12&      Rock R to right side (1) recover L (2), step R next to L (&)  
34&      Rock L to left side (3) recover R (4), step L next to R (&)  
5 6      Step forward R (5), ½ turn left with L knee hitched (6) □ (12:00)  
7&8      Step L to left side (7), clap twice (&8) (claps optional)

### S6. Cross rock recover step (R then L), forward R, ¼ pivot left, R kick ball touch

12&      Cross R over L, recover L, step R to right side  
34&      Cross L over R, recover R, step L to left side  
5 6      Step forward R, ¼ pivot left step L to left side  
7&8      Kick R, step on R, touch L next to R (9:00)

### S7. Tap L twice, tap R twice, forward L, ¼ right, behind side cross

12&      Tap L heel forward twice, step L next to R  
34&      Tap R heel forward twice, step R next to L  
5 6      Step forward L, ¼ pivot right step R to right side □ (12:00)  
7&8      Step L behind R, step R to right side, step L forward & slightly over R

### S8. R wizard step, L lock step, stomp bounce twice ¼ turn left, heel splits

12&      Step forward R, step L behind R, step forward R  
3&4      Step forward L, lock R behind L, step forward L  
567      Stomp R, bounce both feet 2 times while making ¼ left turn (9:00)  
&8      Toes home heels split from center (R to 10:30, L to 7:30) (&), return home (8)

**Restart: 2nd wall after 16 counts**

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