

Scandinavia

拍数: 32 墙数: 2 级数: Improver NC
编舞者: Kim Liebsch (DK) - July 2015
音乐: Scandinavia - Michael Learns to Rock



Intro: 16 counts after 1s't beat (appr. 11 sec) Start with weight on L foot
Restart: On wall 4 after 15 counts, make ¼ turn L with touch, start again *(3:00)
Ending: Make ¼ turn L to face 12:00

#1 section: □ Basic, basic with ¼ turn, step ½ turn step, rock recover □

1 Step R to R side □ 12:00
2&3 Close L behind R, cross R over L, step L to L side □ 12:00
4 & 5 Close R behind L, cross L over R, step ¼ turn R stepping fw. on R □ 3:00
6 & 7 Step fw. on L, make ½ turn R stepping fw. on R, step fw. on L □ 6:00
8 & Rock fw. on R, recover on L □ 9:00

#2 section: □ Back with sweep, behind side cross, recover side cross, recover side step, step ¼ turn □

1 Step back on R while sweeping L □ 9:00
2 & 3 Cross L behind R, step R to R side, cross L over R □ 9:00
4 & 5 Recover on R, step L to L side, cross R over L □ 9:00
6 & 7 Recover on L, step R to R side, step fw. on L *(3:00) □ 9:00
8 & Step fw. on R, make ¼ turn L putting weight on L □ 6:00

#3 section: □ Cross, 2 X ¼ turn cross, recover side cross, 2 X ¼ turn step, step ½ turn □

1 Cross R over L □ 6:00
2 & 3 Make ¼ turn R stepping back on L, make ¼ turn R stepping R to R side, cross L over R
12:00
4 & 5 Recover on R, step L to L side, cross R over L □ 12:00
6 & 7 Make ¼ turn R stepping back on L, make ¼ turn R stepping R to R side, step fw. on L □ 6:00
8 & Step fw. on R, make ½ turn L stepping fw. on L □ 12:00

#4 section: □ Step, step ½ turn step, mambo fw. mambo back, cross rock □

1 Step fw. on R □ 12:00
2 & 3 Step fw. on L, make ½ turn R stepping fw. on R, step fw. on L □ 6:00
4 & 5 Rock fw. on R, recover on L, step back on R □ 6:00
6 & 7 Rock back on L, recover on R, step fw. on L □ 6:00
8 & Cross R over L, recover on L □ 6:00

Good Luck & enjoy!

Last Update – 22nd Dec. 2015