

Say What You Need

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Taren Gaia (SA) - July 2015
音乐: Say What You Need To Say – John Meyer



Intro: □16 counts

[1-8]□Fwd R mambo, reverse L sweep, weave, side R mambo, sailor 1/4 turn, lock step L

1&2 Step RF fwd, recover weight onto LF, step RF back sweeping LF front to back
3&4 step LF behind RF, step RF to R side, step LF over RF
5&6 step RF to R side, recover weight onto LF, step RF to LF sweeping LF front to back
7& making a 1/4 turn L step LF behind RF, step RF to R side (9:00)
8&1 step LF fwd, step RF behind LF, step LF fwd

[9-16]□Lock step R, mambo L fwd, touch L back, ½ pivot into R sweep, jazz box

2&3 Step RF fwd, step LF behind RF, step RF fwd
4&5 Step LF fwd, recover weight onto RF, point LF back
6 making a ½ turn pivot L transfer weight onto LF, sweeping RF back to front (3:00)
7&8& Step RF over LF, step LF back, step RF to R side, step LF over RF

[17-24]□Scissor cross, 1/2 turn cross, 3 x sways, L Sailor step

1&2 Step RF to R side, step LF to RF, step RF over LF
3&4 making a 1/2 turn R step LF back, step RF to R side, step RF over LF (face 9:00)
5-6-7 step RF to R side swaying body R, repeat sway to L and R
8&1 step LF behind RF, step RF to R side, recover weight onto LF

[25-32]□R sailor step, L coaster step, fwd R rock recover, 1/2 turn R step, step L□

2&3 step RF behind LF, step LF to L side, recover weight onto RF
4&5 step LF back, step RF to LF, step LF fwd
6& step RF fwd, recover weight onto LF
7-8 making a 1/2 turn R, step RF fwd, step LF fwd

RESTART: Wall 3 and 7: After 8 counts (finish the sailor step, don't go into the lockstep)

This dance was choreographed for Carol Behrman.

Last Update - 31st July 2015