

Heaven

拍数: 32 墙数: 1 级数: High Intermediate
编舞者: Richard Palmer (UK) & Lorna Dennis (UK) - July 2015
音乐: Heaven - Derek Ryan : (Album: The Entertainer Live - iTunes)



Intro – 18 counts (start on vocals) 2 Tags + 1 Tag/Restart

Section 1: Slide, Step-Together-Step, Cross-Rock, ¼ Turn, Forward Rock, ½ Turn, Step, Pivot ½ Turn, Step

- 1 Slide R diagonally forward R
- 2 & 3 Step L diagonally forward L, Step R behind L, Step L diagonally forward L
- 4 & 5 Cross-Rock R over L, Recover onto L, Step R forward making a ¼ turn R (3 o'clock)
- 6 & 7 Rock forward on L, Recover onto R, Step L forward making a ½ turn L (9 o'clock)
- 8 & 1 Step R forward, Pivot ½ turn L, Step R forward (3 o'clock)

Section 2: Full Turn, Lunge, Back, &, Cross, Back, Side, Full Unwind, Press, Lift

- 2 & Make a full turn R on L, R (3 o'clock)
- 3 Lunge forward on L
- 4 & 5 Recover weight onto R, Step L Back, Cross-Step R over L
- 6 & Step L slightly back, Step R to R side,
- 7 Cross L over R and unwind a full turn in place (weight ending on L) (3 o'clock)
- 8 & Press R to R side, Lift R foot (hitching slightly)

Section 3: Side, Cross-Rock, ¼ Turn, Pivot Full Turn, Sweeps Back X 2, Coaster Step, Forward

- 1 Step R to R side
- 2 & 3 Cross-Rock L over R, Recover onto R, Step L forward making a ¼ turn L (12 o'clock)
- 4 & 5 Step R forward, Pivot full turn L, Step R back sweeping L back (12 o'clock)
- 6 Step L back sweeping R back
- 7 & 8 Step R back, Step L next to R, Step R forward
- & Step L forward

Section 4: Rock, Recover, &, Cross-Rock, Recover, ¼ Turn, Pivot ½, Step ¼ Turn, Step, Back Rock, Ball, Change

- 1, 2& Rock R forward, Recover onto L, Step R next to L
- 3, 4& Cross-Rock L over R, Recover onto R, Step L forward making a ¼ turn L (9 o'clock)
- 5, 6& Step R forward pivoting ½ turn L, Step L forward making a ¼ turn L, Step R next to L (12 o'clock)
- 7, 8& Rock L back, Recover weight onto ball of R, Step L forward

Tags: 1 and 3 (4 counts)

This Tag is performed at the end of walls 1 and 4 (counting the tag/restart below as wall 3)(facing 12 o'clock)

- 1, 2& Step R to R side, Cross-Rock L over R, Recover onto R
- 3, 4& Step L to L side, Cross-Rock R over L, Recover onto L

Tag 2/Restart

This is danced at the end of wall 2 (facing 12 o'clock)

Begin wall 3 as normal, dancing the first 7 counts as scripted then perform the following variation/addition, beginning wall 4 immediately afterwards:

- 8 & Step R forward, Pivot ¾ turn L
- 1 – 2 Sway R, Sway L

Last Update - 20th July 2015