

# You Are The One That I Want (我只要你) (zh)

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Amy Yang (TW) - 2015年07月  
音乐: You're the One That I Want - John Travolta & Olivia Newton-John : (iTunes)



Intro : 32 counts

## Sec . 1: KICK BALL CHANGE (x2), FORWARD, PIVOT 1/2 TURN L, FORWARD SHUFFLE

1 & 2      Kick RF forward, Step RF in place, Step LF in place  
3 & 4      Kick RF forward, Step RF in place, Step LF in place  
5 - 6      Step RF forward, Pivot 1/2 turn L step weight on LF (06:00)  
7 & 8      Step RF forward, Lock LF behind RF, Step RF forward  
1 & 2      右足前踢, 併踏, 左足併踏  
3 & 4      右足前踢, 併踏, 左足併踏  
5 - 6      右足前踏, 左轉1/2重心左足踏 (06:00)  
7 & 8      右足前進踏, 左足鎖於右足後, 右足前進踏

## Sec . 2: KICK BALL CHANGE (x2), FORWARD, PIVOT 1/2 TURN L, FORWARD SHUFFLE

1 & 2      Kick LF forward, Step LF in place, Step RF in place  
3 & 4      Kick LF forward, Step LF in place, Step RF in place  
5 - 6      Step LF forward, Pivot 1/2 turn R step weight on RF(12:00)  
7 & 8      Step LF forward, Lock RF behind LF, Step LF forward  
1 & 2      左足前踢, 併踏, 右足併踏  
3 & 4      左足前踢, 併踏, 右足併踏  
5 - 6      左足前踏, 右轉1/2重心右足踏 (12:00)  
7 & 8      左足前進踏, 右足鎖於左足後, 左足前進踏

## Sec . 3: SIDE, RECOVER, BEHIND, SIDE, CROSS, SIDE, RECOVER, BEHIND, 1/4 TURN R, FORWARD

1 - 2      Step RF to R, Recover onto LF  
3 & 4      Cross RF behind LF, Step LF to L, Cross RF over LF  
5 - 6      Step LF to L, Recover onto RF  
7 & 8      Cross LF behind RF, 1/4 turn R step on RF forward, Step LF forward (03:00)  
1 - 2      右足右踏, 重心回左足  
3 & 4      右足交叉左足後, 左足左踏, 右足交叉左足前  
5 - 6      左足左踏, 重心回右足  
7 & 8      左足交叉右足後, 右轉1/4右足前進踏, 左足前進踏 (03:00)

## Sec. 4: SKATES, FORWARD SHUFFLE, FORWARD, RECOVER, COASTER

1 - 2      Skate RF forward, Skate LF forward  
3 & 4      Step RF forward, Lock LF behind RF, Step RF forward  
5 - 6      Step LF forward, Recover onto RF  
7 & 8      Step LF back, Step RF beside LF, Step LF forward  
1 - 2      右足向前滑步, 左足向前滑步  
3 & 4      右足前進踏, 左足鎖於右足後, 右足前進踏  
5 - 6      左足前踏, 重心回右足  
7 & 8      左足退踏, 右足併踏左足旁, 左足前踏

Start again

Tags :

After walls 1 & 3, add tag 1 (8 counts) (facing 03:00 & 09:00 )  
加拍:跳完第一面牆以及第三面牆 , 加跳加拍1 (8拍)(面向03:00及09:00)  
After walls 2 & 6, add tag 2 (4 counts) (both facing 06:00 )  
跳完第二面牆以及第六面牆 , 加跳加拍2 (4拍)(都是面向06:00)

**Tag 1 : (8 counts)**

**ROCKING CHAIR, FORWARD, PIVOT 1/2 TURN, FORWARD, PIVOT 1/2 TURN**

1 - 4            Step RF forward, Recover onto LF, Step RF back, Recover onto LF  
5 - 8            Step RF forward, Pivot 1/2 turn L step on LF, Step RF forward, Pivot 1/2 turn L step on LF  
1 - 4            右足前踏, 重心回左足, 右足退踏, 重心回左足  
5 - 8            右足前踏, 左轉1/2, 左足踏, 右足前踏, 左轉1/2, 左足踏

**Tag 2 : (4 counts)**

**ROCKING CHAIR**

1 - 4            Step RF forward, Recover onto LF, Step RF back, Recover onto LF  
1 - 4            右足前踏, 重心回左足, 右足退踏, 重心回左足

**Have Fun & Happy Dancing!**

**Contact Amy Yang: [yang43999@gmail.com](mailto:yang43999@gmail.com)**

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