

Ya Li Da

COPPER KNOB
STEPSHEETS

拍数: 80 墙数: 1 级数: Beginner
编舞者: Tina Chen Sue-Huei (TW) - July 2015
音乐: Ya Li Da by Zhishang Li He



A : 32 B : 32 C : 16 C* : 16x4
SOD:Tag AABCC Tag(16)(4)Tag ABC* (4) Tag C* Tag A(8)

Tag (16C): Dance Section SI. & SII. in Intro (32C)
Tag (32C): Repeat Intro (32C)
Tag*2 (4C): Stomp on the spot RLRL

Intro (32C)

iSI. Walk Fwd, Touch Front & Back

1-4 Walk fwd on RLRL
5-6 Fwd step on R, Fwd L heel touch
7-8 Recover L beside R, Back touch on R

iSII. Recover & Walk Back, Heels L & R

1-4 Recover R beside L, Walk back on LRL
5-6 Twist both heels right, Twist both heels left
7&8 Twist both heels right left right

iSIII. ¼ Turn R Walk Fwd & Fwd Touch

1-4 ¼ Turn right (3.00) walk fwd on RLRL
5-6 Fwd step R, Touch L behind R
7-8 Pivot ½ turn left (9.00) step down on L

iSIV. Walk Fwd, Paddle ¾ L

1-4 Walk fwd on RLRL(9.00)
5-8 1/8 Turn left touch on R without weight & low hitch on Rcontinue to complete ¾ left ends facing (12.00)

Main Dance

Part A (32C)

AI. Side & Touch Steps, Together Fwd Hold

1-4 Side step R, Touch L beside R, Side step L, Touch R beside L
5-6 Side step R, Together step L
7-8 Fwd step R, Hold on count (8)

AIL. Rocking Chair, Fwd Rock Recover ½ Turn L

1-4 Rocking chair on LRLR
5-8 Fwd rock on L, Recover on R, Touch L back making a ½ Turn left (6.00) step down on L

AIIL. Repeat Section AI.

AIV. Repeat Section AII.

Part B(32C)

BI. Fwd & Paddle 1 ¼ R

1 1/8 Turn right fwd step R
2-8 1/8 Turn right touch on L without weight & low hitch on L....continue to complete 1 ¼ paddle R ends step L beside R facing (3.00)

BII. Walk Back Together, Heel Switches Fwd & Side

- 1-4 Walk back on RLR, Step L beside R
5&6& Fwd R heel touch recover, Fwd L heel touch recover
7&8 Side R touch recover, Side L touch

BIII. Fwd & Paddle 1 ½ L

- 1 1/8 Turn left fwd step L
2-8 1/8 Turn left touch on R without weight & low hitch on R....continue to complete 1 ½ paddle L ends facing (9.00)

BIV. Walk Back Together, Heel Switches Fwd Side & ¼ Turn R

- 1-4 Walk back on RLR, Step L beside R
5&6& Fwd R heel touch recover, Fwd L heel touch recover
7-8 ¼ Turn right fwd step on R, Side step L (12.00)

Part C (16C) (Note: Dance only at 12.00)**CI. Bounce*2, R Sailor & L Sailor**

- 1-2 Side step L, On both feet, bounce (2 counts)
3&4 Step R behind L, Recover on L, Side step R
5&6 Step L behind R, Recover on R, Side step L
7-8 On both feet, bounce (2 counts)

CIII. R Sailor & L Sailor, Jumping On The Spot*5

- 1&2 Step R behind L, Recover on L, Side step R
3&4 Step L behind R, Recover on R, Side step L
5-8 On both feet low jump on the spot for 5 counts

Part C* (16C)....16X4**C*I. Bounce*2, R Sailor & L Sailor**

- 1-2 Side step L, On both feet, bounce (2 counts)
3&4 Step R behind L, Recover on L, Side step R
5&6 Step L behind R, Recover on R, Side step L
7-8 On both feet, bounce (2 counts)

C*II. R Sailor & L Sailor, Walk Anticlockwise 270 Degrees

- 1&2 Step R behind L, Recover on L, Side step R
3&4 Step L behind R, Recover on R, Side step L
5-8 ¼ Turn left fwd step R (5), ¼ Turn left fwd on L (6), ¼ Turn left fwd step R (7), Fwd step on L (8)

Note: Dance 4X Section C*I and C*II.

Happy Dancing.

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