

Mr Put It Down (AB)

COPPER KNOB
BY STEPHEN LEE

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Juliet Lam (USA) - July 2015
音乐: Mr. Put It Down (feat. Pitbull) - Ricky Martin : (Single - iTunes)



Intro: 18 counts from start of track, start on the word "All" ("Now First of All")

Sec 1: Walk Forward Right, Left, Right, Kick, Walk Back Left, Right, Left, Touch

1 - 4 Walk forward right, left, right, kick left forward (Pushing arms forward)
5 - 8 Walk back left, right, left, touch right next to left (12:00)

Sec 2: Side Touch, Side Touch, Out, Out, In, In (V Step)

1 - 4 Big step to right side, touch left next to right & clap, big step to left side, touch right next to left & clap
5 - 8 Step right forward to the right diagonal, step left forward to the left diagonal, step right back, step left next to right

Sec 3: Right Rocking Chair X 2

1 - 4 Rock forward on right, recover left, rock right back, recover left
5 - 8 Rock forward on right, recover left, rock right back, recover left

Sec 4: Step, Bounce, Bounce, Bounce, 1/4 Turn Left, Funky Jazz Box

1 - 4 Step right forward, bounce heels three times make 1/4 turn left (weight on left)
5 - 8 Cross right over left, step left back, step right to side, step left forward (9:00)

Ending : Wall 13 starts at 12:00, dance 8 counts facing 12:00, step right forward & pose!!!

Repeat & Enjoy

Contact: Juliet Lam, hsiaoll168@gmail.com
