

# Before He Cheats

COPPERKNOB  
STEPSHEETS

拍数: 64                      墙数: 4                      级数: Country  
编舞者: Sobrielo Philip Gene (SG) - July 2015  
音乐: Before He Cheats - Carrie Underwood : (Album: Some Hearts)



Intro: 32 counts @ 0.14

## S1: STOMP HOLD, LOCK STEP (Right/Left)

1-2                      Stomp forward on right (1), hold (2)  
3-4                      Lock left behind right (3), step right forward (4)  
5-6                      Stomp forward on left (5), hold (6)  
7-8                      Lock right behind left (7), step left forward (8) (12:00)

## S2: ROCKING CHAIR, PIVOT 1/2 TURN, STEP TOGETHER

1-2                      Rock forward on right (1), recover weight onto left (2)  
3-4                      Rock back on right (3), recover weight on left (4)  
5-6                      Step forward on right (5), pivot 1/2 turn left (6) (Weight on left)  
7-8                      Step forward on Right (7), step left beside right (8) (6:00)

## S3: SIDE HOLD, ROCK BACK (Right/Left)

1-2                      Step right to right (1), hold (2)  
3-4                      Rock left behind right (3), recover weight onto right (4)  
5-6                      Step left to left (5), hold (6)  
7-8                      Rock right behind left (7), recover weight onto left (8) (6:00)

## S4: SYNCOPATED LOCK STEP FORWARD, STEP TOGETHER

1-3                      Step forward right (1), lock left behind right (2), step right forward (3)  
4-6                      Step forward left (4), lock right behind left (5), step left forward (6)  
7-8                      Step forward on Right (7), step left beside right (8) (6:00)

## S5: SIDE ROCK CROSS HOLD (Right/Left)

1-2                      Rock right to right (1), recover weight onto left (2)  
3-4                      Cross right over left (3), hold (4)  
5-6                      Rock left to left (5), recover weight onto right (6)  
7-8                      Cross left over right (7), hold (8) (6:00)

## S6: MONTEREY ¼, × 2

1-2                      Point Right to Right (1), Making ¼ right step right beside left (2)  
3-4                      Point left to left (3), step left beside right (4) (9:00)  
5-6                      Point Right to Right (5), Making ¼ right step right beside left (6)  
7-8                      Point left to left (7), step left beside right (8) (12:00)

## S7: KICK KICK, STEP TOUCH, STEP KICK, STEP TOUCH

1-2                      Kick Right Forward twice (1-2)  
3-4                      Step right back (3), touch left beside right (4)  
5-6                      Step Left forward (5), Kick right forward (6)  
7-8                      Step right back (7), touch left beside right (8) (12:00)

## S8: LOCK FORWARD, SCUFF, ¼ LOCK FORWARD, STOMP

1-2                      Step left forward (1), lock right behind left (2)  
3-4                      Step left forward (3), scuff right beside left (4)  
5-6                      Making ¼ right step right forward (5), lock left behind right (6) (3:00)

7-8 Step right forward (7), stomp left beside right

**Tag: After wall 2 add this 8 counts (6:00)**

**RIGHT MAMBO, LEFT COASTER STEP**

1-4 Rock right forward (1), recover weight onto left (2) step right beside left (3), hold(4)

5-8 Step left back (5), step right beside left (6), step left forward (7), hold (8)

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