

Keeps Me Awake

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Jesse Roth Eschbach (USA) - December 2014
音乐: Ghost - Ella Henderson



Start on first verse (36 counts into the music)

Left Kick and point, pivot and together, rock and cross (2x)

1&2 L kick forward, touch L together, point R behind
3&4 ½ turn right with R knee popped (weight still on left), switch weight to R leg, touch L together
5&6 L rock left, recover, cross L over R
7&8 R rock right, recover, cross R over L

¾ Turn right, shuffle, Right Rock, recover, Left Rock, recover

9,10,11&12 ¼ turn right stepping back with L foot, ½ turn right stepping with R foot, shuffle forward L, R, L
13,14& Rock forward R, recover, step R together (switch weight)
15,16& Rock forward L, recover, step L together (switch weight)

Pivot ½, Shuffle, Rock, walk back sweeps (3)

17,18 Step forward R, pivot ½ step left
19&20 shuffle forward R, L, R
21,22,23,24 Rock forward L, recover R, sweep L foot out and step back, sweep R, sweep L

Coaster step, Shuffle forward, Two Sailor Steps

25&26 step L back, R together, L forward
27&28 shuffle forward R, L, R
29,&30 Cross L behind R, step R out, recover L
31,&32 Cross R behind L, step L out, recover R

Repeat!

Restarts: Restart after count 28 on Wall 2, and after count 4 on Wall 5

TAG (After Wall 8): Cross Unwind, Left Grapevine with a turn, Right grapevine, touch

1,2,3,4 Cross R over L, unwind full turn (slow, 4 full counts)
5,6,7,8 Step L side, cross R behind, ¼ left and step L forward, R forward, pivot ½ left
9,10,11,12 step L forward (1/4 turn left), step R side, cross L behind, step R side
13 Touch L beside R

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