

# Keeps Me Awake

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Jesse Eschbach (USA) - December 2014  
音乐: Ghost - Ella Henderson



**Start on first verse (36 counts into the music)**

**Left Kick and point, pivot and together, rock and cross (2x)**

1&2      L kick forward, touch L together, point R behind  
3&4      ½ turn right with R knee popped (weight still on left), switch weight to R leg, touch L together  
5&6      L rock left, recover, cross L over R  
7&8      R rock right, recover, cross R over L

**¾ Turn right, shuffle, Right Rock, recover, Left Rock, recover**

9,10,11&12      ¼ turn right stepping back with L foot, ½ turn right stepping with R foot, shuffle forward L, R, L  
13,14&      Rock forward R, recover, step R together (switch weight)  
15,16&      Rock forward L, recover, step L together (switch weight)

**Pivot ½, Shuffle, Rock, walk back sweeps (3)**

17,18      Step forward R, pivot ½ step left  
19&20      shuffle forward R, L, R  
21,22,23,24      Rock forward L, recover R, sweep L foot out and step back, sweep R, sweep L

**Coaster step, Shuffle forward, Two Sailor Steps**

25&26      step L back, R together, L forward  
27&28      shuffle forward R, L, R  
29,&30      Cross L behind R, step R out, recover L  
31,&32      Cross R behind L, step L out, recover R

**Repeat!**

**Restarts: Restart after count 28 on Wall 2, and after count 4 on Wall 5**

**TAG (After Wall 8): Cross Unwind, Left Grapevine with a turn, Right grapevine, touch**

1,2,3,4      Cross R over L, unwind full turn (slow, 4 full counts)  
5,6,7,8      Step L side, cross R behind, ¼ left and step L forward, R forward, pivot ½ left  
9,10,11,12      step L forward (1/4 turn left), step R side, cross L behind, step R side  
13      Touch L beside R

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