

Stay True

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Jesse Eschbach (USA) - June 2015
音乐: Honey, I'm Good - Andy Grammer



~16 count intro

Swivels: Toes, heels, toes-heels-toes

1, 2 With feet together: Swivel toes right, heels right
3&4 Swivel toes right, lift and swivel heels right, recover (put heels back down)
5,6 Swivel toes left, heels left
7&8 Swivel toes left, lift and swivel heels right, recover.

Shuffle, rock and heel hook, hitch, flick, scuff and touch

1&2,3&4 Shuffle right (RLR), sailor heel (cross L behind R, step out R, heel L)
&5&6 Hook L foot, heel, hitch L, heel
&7&8 ¼ turn right (3:00) flicking L heel behind, scuff L, step L in place, step R beside
***on 7&8, that scuff can carry you into a little hop which you touch down I then R**

Rock, ¼ shuffle, rock, step hitches (3x)

1,2 Rock R to right side, recover left
3&4 ¼ shuffle RLR (12:00)
5,6& Rock forward L, recover R, hitch L foot up (you can do a tiny jump on the R foot)
7&8& step back L, hitch R (tiny jump on L), Step back R, hitch L (tiny jump R)

Coaster step, ¼ turn, heel and heel and clap, clap

1&2 step L back, R together, L forward
3&4 Step R forward (past L), lift heels ¼ pivot to the left (9:00), put heels down
5&6& Touch R heel forward, step R together, touch left heel forward, step left together
7&8& R step forward, clap, L step forward, clap

Repeat!

TAG ****You should start and end on the same wall.****

1&2,3,4 Shuffle forward RLR, rock forward L, recover
5&6,7,8 triple half turn (LRL), step forward R, ¼ turn to the left flick L foot up

1,2,3,4 Step R with 1/4 turn to the L (this gets you back to beginning tag wall), scuff R heel forward,
Step R forward, scuff L heel
5,6,7,8 Left grapevine: step L to L side, cross R behind, step L to L side, touch R together

~~Tags are after 1st, 4th, and 7th walls

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