

Keeps Getting Better

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Easy Intermediate
编舞者: Sue Wilson (NZ) - September 2013
音乐: The Best Keeps Getting Better - Alan Jackson : (CD: Freight Train)



[1 – 8] L Fwd, R Fwd Rock, Recover, R Back, ¼ L Side, Rock onto R, L Behind, HOLD
1 2 3 4 L Step Fwd, R Rock Fwd, Recover onto L, Step R Back,
5 6 7 8 Make ¼ L turn Stepping to L Side, Rock onto R, L Step Behind R, HOLD

[&9 – 16] Ball Step R Side, Recover onto L, R Behind, ¼ L Fwd, ¼ L Side, Recover onto L, HOLD, Ball Step (&) Step L to Side, Touch R Toe Back
&1 2 3 4 (&)Step R Side, Rock onto L, R Behind, ¼ L Fwd, ¼ L Step R Side
5 6 &7 8 Recover onto L, HOLD, ⊗ (&) Ball Step L Side, Touch R Toe Back

[17 – 24] ½ R Drop R Heel, L Rock Fwd, Bck, Fwd, R Side Rock Cross HOLD
1 2 3 4 Turn ½ R Drop R Heel, L Rock Fwd, Recover onto R, L Step Fwd
5 6 7 8 R Side, Recover onto L, R Cross, HOLD,

[25 – 32] L Side Rock, Sailor Step Fwd, R Rock Fwd Bck, R Coaster Step
1 2 3&4 L Side, Recover onto R, L Sailor Step Fwd
5 6 7&8 R Rock Fwd, Recover onto L, R Coaster Step Back

[33 – 40] L Step Pivot ½ R, Sweep, Step, R Beside, Toe Out ¼ R, ¼ L Side, Heel Close
1 2 3 4 L Step Fwd, Pivot ½ R, Sweep L round to front, Step Forward onto L
5 6 7 8 Step R Beside L, Swivet R Toe out making ¼ R turn, ¼ R Step L Side, Swivet Heel Tog

[41 – 48] R Side Together, R Side Shuffle, L Cross Over, ¼ L Back, L Side, Rock onto R
1 2 3&4 R Side, Together, R Side Shuffle
5 6 7 8 L Cross Over R, ¼ L Step R Back, L Side, Rock onto R ⊗⊗

[49 – 56] L Cross Point R, R Cross Point L, L Rock Bck, L Forward, Step Fwd, HOLD
1 2 3 4 Cross L over R, Point R to Side, Cross R over L, Point L to Side
5 6 7 8 L Rock Back, Recover onto R, Step L Forward, HOLD

[57 – 64] R Cross, ¼ R Back, ½ R Forward, ¼ R Side, Rock Bck Fwd, R Side, Drag Tch
1 2 3 4 Cross R over L, ¼ R Step L Back, ½ R Step R Fwd, ¼ R Step L Side
5 6 7 8 R Rock Back, Recover onto L, Step R to Side, Drag L to Touch beside R.

Tag/Restart: Wall 4 (Instrumental Section)

Dance to count 14 ⊗ (&)Ball Step 1/4L Fwd, Step R Fwd Restart facing Back Wall

End Of Dance: Wall 11

Dance 48 Counts ⊗⊗ Facing Front

This is a great medium pace dance. I hope you enjoy the simplicity of the steps, with a combination to keep the mind on the job.

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