

Headphones O.N. 2015

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Ed Evangelista (USA) - July 2015
音乐: Headphones - Jackie Lee



Start dancing on lyrics - No Tags, No Restarts,

CROSS ROCK, SHUFFLE, CROSS ROCK, SHUFFLE

1-2-3&4 Cross R over L, recover on R, shuffle right RLR
5-6-7&8 Cross L over R, recover on L, shuffle left LRL

SYNCOPATED HEEL TOUCHES, HEEL SWITCHES, SHUFFLE FORWARD

1-2&3-4 Touch R heel forward, hold, step quickly on R, touch L heel forward, hold
&5&6&7&8 Step quickly back on L, touch R heel, quickly step on R, touch L heel, quickly step on L,
shuffle forward RLR

PIVOT ¼, CROSS SHUFFLE, TURN ¼, SHUFFLE BACK, ¼ TURN SAILOR STEP

1-2-3&4 Step forward on L, pivot ¼ turn right, cross shuffle LRL
5&6-7&8 Turn ¼ left, shuffling RLR, turn another ¼ left stepping L behind R, step R side right, step L
side left

SYNCOPATED ROCK, COASTER, PONY STEPS

1-2&3-4 Rock forward on R, recover on L, quick step R next to L, rock forward on L, recover on R
5&6&7&8 Step back on L, step R next to L, step forward on L, R, L, R, L

Start over.

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Last Update - 6th Aug 2015
