

# Ugly Heart

COPPER KNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Nathan Gardiner (SCO) - July 2015  
音乐: Ugly Heart - G.R.L.



Intro: 32 counts start on vocals

## S1: SIDE, BEHIND, &, HEEL, BALL CROSS, 1/4 RIGHT, 1/2 RIGHT, 1/4 RIGHT

1-2            Step right to right side, Step left behind right  
&3            Step right slightly to right side, Touch left heel to left diagonal  
&4            Step ball of left next to right, Cross step right over left  
5-6            Turn 1/4 stepping back on left, Turn 1/2 right stepping forward on right  
7-8            Step forward on left, Turn 1/4 right

## S2: CROSS ROCK, &, CROSS ROCK, &, JAZZ BOX CROSS

1-2&          Cross rock left over right, Recover on right, Step left slightly to left side  
3-4&          Cross rock right over left, Recover on left, Step right slightly to right side  
5-6            Cross step left over right, Step back on right  
7-8            Step left next to left, Cross step right over left

## S3: POINT, TOUCH, KICK BALL CROSS, CHASSE 1/4 LEFT. TURN 1/4 LEFT

1-2            Point left toes to left side, Touch left toes next to right  
3&4            Kick left foot to left diagonal, Step ball of left next to right, Cross step right over left  
5&6            Step left to left side, Step right next to left, Turn 1/4 left stepping forward on left  
7-8            Step forward on right, Turn 1/4 left

## S4: CROSS, POINT, BEHIND, SWEEP, BEHIND, SIDE, SWAY RIGHT, SWAY LEFT

1-2            Cross step right over left, Point left toes to left side  
3-4            Step left behind right, Sweep right out and round to right side  
5-6            Step right behind left, Step left to left side  
7-8            Step right to right side swaying hips to right side, Sway hips to left side

## S5: ROCK FORWARD, RECOVER, 1/2 SHUFFLE RIGHT X2, ROCK BACK, RECOVER

1-2            Rock forward on right, Recover on left  
3&4            1/2 Turn shuffle right stepping Right, Left, Right  
5&6            1/2 Turn shuffle right stepping Left, Right, Left  
7-8            Rock back on right, Recover on left

## S6: CROSS, POINT, CROSS, POINT, SYNCOPATED JAZZ BOX, STEP RIGHT

1-2            Cross step right over left, Point left toes to left side  
3-4            Cross step left over right, Point right toes to right side  
5-6            Cross step right over left, Step back on left  
&7-8          Step ball of right next to left, Cross step left over right, Step right to right side

## S7: ROCK BACK, RECOVER, KICK BALL CROSS, CHASSE 1/4 LEFT, STEP 1/4 LEFT

1-2            Rock back on left, Recover on right  
3&4            Kick left foot to left diagonal, Step ball of left next to right, Cross step right over left  
5&6            Step left to left side, Step right next to left, Turn 1/4 left stepping forward on left  
7-8            Step forward on right, Turn 1/4 left

## S8: POINT ACROSS, POINT, SAILOR STEP, POINT ACROSS, POINT, SAILOR 1/2 LEFT

1-2            Point right toes across left, Point right toes to right side

3&4 Step right behind left, Step left to left side, Step right to right side  
5-6 Point left toes across right, Point left toes to left side  
7&8 Step left behind right, Turn 1/4 left stepping right in place, Turn 1/4 left stepping left to left side

**Restarts: On walls 2 & 4 dance upto count 52 change the kick ball cross to kick ball touch then Restart the dance**

**Tag: End of wall 5**

**ROCKING CHAIR**

1-2 Rock forward on right, Recover on left

3-4 Rock back on right, Recover on left

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**Hope You Enjoy.....Happy Dancing**

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