

Sangria

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Low Intermediate
编舞者: Paula Baker (USA) - June 2015
音乐: Sangria - Blake Shelton



(32 ct., intro. very danceable without re-starts!!)

S1: 1/2 TURN LEFT, 1/2 TRIPLE LEFT, COASTER STEP, 1/4 TURN

1-2 Step right forward, turn 1/2 left (wt. on left)
3&4 Shuffle right-left-right turning 1/2 left
5&6 Left coaster step
7-8 Step right forward, turn 1/4 left (9:00)

S2: CROSS ROCK, TRIPLE 1/4 RIGHT, 3/4 TURN LEFT, SIDE SHUFFLE

1-2 Cross right over, recover on left
3&4 Shuffle right-left-right making 1/4 turn right
5-6 Step forward on left, make 3/4 turn right on right
7&8 Side shuffle left-right-left

S3: ROCK BACK, KICK BALL CROSS, TWO 1/8 TURNS LEFT

1-2 Rock back on right, recover on left
3&4 Kick right diagonally forward, step back on right, cross left over
5-6 Step right forward, turn 1/8 left rolling hips
7-8 Step right forward, turn 1/8 left rolling hips (wt. on left)

S4: SWAY RIGHT, HOLD, SWAY LEFT, SWAY RIGHT, ROCK, SAILOR STEP LEFT

1-2 Step to right with hip sway, (feet shoulder width apart) HOLD
3-4 Sway hips left, sway hips right
5-6 Rock forward on left, recover on right
7&8 Left sailor step turning 1/4 left (3:00)

(In 2nd set of eights, not necessary to make the complete 3/4 turn in 2 counts; but can finish it up with the side shuffle)
