

Don't Let Go of Me

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Phrased Intermediate
编舞者: Jaszmine Tan (MY) - July 2015
音乐: Can't Stop Dancin' - Becky G.



Intro : 16 count - start on heavy beat

Sequence: A, A- , B, Tag, A, A- , B, Tag, A, A- , B, B, A, Tag

TAG: 8 count Tag end of Wall 3, 6 & ending

A – 32 count

SEC A1 : TOUCH R TO R, SLIDE R NEXT TO L, BATUCADA, R COASTER STEP

1 – 4 Touch R to R side (1) , slowly slide R next to L (2-4) □ [with attitude]

5&a6&a Rock step R back (5), rock step L front (&), rock step on R and push on ball into a small L
ronde back (a), rock step L back (6), rock step R front (&), rock step on L and push on ball
into a small R ronde back (a)

[easy option: step R back, pop L knee, step L back, pop R knee]

7 & 8 Step R back, step L next to R, step R forward

SEC A2 : 1/4 L FORWARD, R ROCK, BEHIND SIDE 1/4 L FORWARD, L ROCK FORWARD, BACK LOCK STEP

&1 – 2 Step 1/4 L forward (&) Rock R to R, recover on L □(9 o'clock)

3 & 4 Step R behind L, step L forward 1/4 , Step R forward □□(6 o'clock)

5 – 6 Rock L forward, recover on R

7 & 8 Cross L over R , step back on R, cross L over R

*** (A -) : Dance up to 16 count & Restart ***

SEC A3 : □ STEP DOWN ON R, HOLD, L, R ARM UP, L ARM CHEST LEVEL, SLIDE BOTH ARMS IN OPPOSITE DIRECTION (L HAND MOVE UP & R HAND MOVE DOWN)

&1 – 2 Step R to R, step L to L, hold (2)

3 – 4 Place R arm above head, L arm across the chest level with both fist facing down, bend R
knee inward with weight (3), hold (4)

5 – 8 Slowly slide R arm down, L arm up [head looking up as you slide with open palm]

SEC A4 : STEP R & L TOGETHER, HOLD, CROSS SIDE HEEL X 2 , HEEL SWITCH

&1 – 2 Step down on R, close L next to R, hold (2) □ [both hands down]

3 & 4 Cross R over L, step on L, R heel forward

&5 &6 Recover on R, Cross L over R, step on R, L heel forward

&7&8& Recover on L, R heel forward, recover on R, L heel forward, recover on L

Ending after count 32 on Part A, do the 8 count Tag and strike a pose facing front wall.

B – 32 count

SEC B1 : PRESS R TO R, R HIP BUMP(x3), BOTH HAND FORWARD, CHEST PUMP

&1&2&3, 4 Press R to R(&) move R hip up, down (3 times) step down on R (4)

5 – 6 Place R hand forward across diagonal L, Place L hand forward cross over R hand

7&8& Chest pump out, in, out, in, end weight on L (&) [place both hand at side]

SEC B2 : STEP DIAGONAL BACK R, L ,R, L, CROSS ROCK R OVER L,CROSS ROCK L OVER R

1 – 4 Step diagonally back on R to R, L to L, R to R, L to L

5 & 6 Cross rock R over L, recover on L, step R to R

7 & 8 Cross rock L over R, recover on R, step L to L

SEC B3 : WHISK R TO R 1/4 TURN L, WHISK L TO L, WHISK R TO R 1/4 TURN L, WHISK L TO L

1, 2 & Big step to R with 1/4 turn L, on ball of L behind R, recover on R

3, 4 & Big step to L, on ball of R behind L, recover on L
5, 6 & Big step to R with 1/4 turn L, on ball of L behind R, recover on R
7, 8 & Big step to L, on ball of R behind L, recover on L

SEC B4 : 4 x 1/2 PADDLE TURN L , MAMBO R FORWARD, MAMBO L BACKWARD

1 – 4 Weight on L, 4 x 1/2 paddle turning L with hand apart
5 & 6 Rock R forward, recover on L, step on R
7 & 8 Rock L backward, recover on R, step on L

TAG : 8 count Tag end of Wall 3,6 & ending

Walk in semi-circle clockwise on 2 count to a step - Walk R , L , R , L to face front wall

******* Happy Dancing ! *******

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