Better Life



编舞者: Lesley Klewinghaus (DE) - June 2015

音乐: Better Life - Keith Urban: (Album: The Story So Far)



Intro: 24 counts

[1 – 8] □CHASSE RIGHT, BACK ROCK, ROCKING CHAIR

1&2	Sten right to	side sten	left together	step right to side
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3-4 Rock left behind right, recover on right
5-6 Rock forward on left, recover on right
7-8 Rock back on left, recover on right

[9 – 16] □LEFT SHUFFLE FORWARD, JAZZ BOX ¼ TURN RIGHT, ½ PIVOT TURN

1&2	Sten I	forward	sten R	heside	left sta	ep L forward
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3-4 Step R across L, step L back

5-6 Step R to side of L turning ¼ right, step L next to R (facing 3)
7-8 Step R forward, turn ½ left moving weight to left (facing 9)

[17 – 24] DSTOMP RIGHT FOOT TWICE WITH HAND CLAPS, HEEL DIG LEFT FOOT TWICE, BEHIND, SIDE CROSS, POINT RIGHT LEG

1-2	Stomp R twice	e besides L while	e clapping hands tw	vice.

3-4 Dig L heel twice besides R

5-6 Step L behind right, step right to side7-8 Step L over right, point R to side

[25-32] \square RIGHT MAMBO FORWARD, STEP TO SIDE, LEFT MAMBO FORWARD, STEP TO SIDE, SCUFF STEP TWICE

Rock R forward, recover on L, step R to side of L Rock L forward, recover on R, step L to side of R

5-6 Scuff R foot, step forward on right7-8 Scuff L foot, step forward on left

Just DANCE and have fun

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