

We Had Seasons In The Sun (陽光季節) (zh)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
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音乐: Seasons In the Sun - Westlife



Intro : 18 count

Sec . 1: SWAYS, SIDE TOGETHER BACK, COASTER STEP, STEP LOCK STEP

1 – 2 Step R to right side/sway to right side, sway to left side
3 & 4 Step R to right side, step L next to R, step R back
5 & 6 Step L back, step R next to L, step L forward
7 & 8 Step R forward, lock L behind R, step R forward
1 – 2 右足右踏, 搖臀右, 搖臀左
3 & 4 右足右踏, 左足併於右足旁, 右足退踏
5 & 6 左足退踏, 右足併於左足旁, 左足前踏
7 & 8 右足前踏, 左足鎖於右足後, 右足前踏

Sec . 2: ROCK STEP ¼ TURN L, SIDE, CROSS ROCK, SIDE, STEP, ½ TURN L/BACK, COASTER STEP

1 & 2 Rock L forward, recover on R, ¼ turn left/step L to left side(09:00)
3 & 4 Cross R over L, recover on L, step R to right side
5 – 6 Step L forward, ½ turn left/step R back(03:00)
7 & 8 Step L back, step R next to L, step L forward
1 & 2 左足前踏, 重心回右足, 左轉1/4左足左踏(09:00)
3 & 4 右足交叉左足前, 重心回左足, 右足右踏
5 – 6 左足前踏, 左轉1/2右足退踏(03:00)
7 & 8 左足退踏, 右足併於左足旁, 左足前踏

Sec.3: SKATES, ROCK STEP, BACK, SWEEP/BACK(L&R), BEHIND, SIDE, CROSS

1 – 2 Skate forward (R,L)
3 & 4 Rock R forward, recover on L, step R back
5 – 6 Sweep L back and step LF, Sweep R back and step RF
7 & 8 Cross L behind R, step R to right side, cross L over R
1 – 2 滑步向前右足、左足
3 & 4 右足前踏, 重心回左足, 右足退踏
5 – 6 左足繞步後踏, 右足繞步後踏
7 & 8 左足交叉右足後, 右足右踏, 左足交叉右足前

Sec . 4: SIDE ROCK, SAILOR STEP, SAILOR ½ TURN L STEP, PIVOT ½ TURN L, STEP

1 – 2 Rock R to right side, recover on L
3 & 4 Cross R behind L, step L to left side, step R to right side
5 & 6 ½ turn left/Cross L behind R, step R to right side, step L forward(09:00)
7 – 8 Step R forward, pivot ½ turn left step on LF (03:00)
1 – 2 右足右踏, 重心回左足
3 & 4 右足交叉左足後, 左足左踏, 右足右踏
5 & 6 左轉1/2, 左足交叉右足後, 右足右踏, 左足前踏(09:00)
7 – 8 右足前踏, 左轉1/2 左足踏 (03:00)

Restart :重跳

During Wall : 3rd(06:00), 7th(03:00), 9th(06:00), 12th(12:00) =(after count 6)
第三牆、第七牆、第九牆及第十二牆, 跳了6拍(面向06:00、03:00、06:00及12:00)

During wall 4th(after count 18).....(09:00)
第四牆, 跳了18拍(面向09:00)□□□

Happy Dancing & Have Fun!

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