It's High Time You Joined In The Dance



拍数: 48 墙数: 2 级数: Improver

编舞者: Clive Skipper (NZ) - June 2015 音乐: Run for the Roses - Dan Fogelberg



Info: 90 bpm, 48 count intro, start on vocals

[1-6]□L Twinkle, R Twinkle 1/2 T Rt

- 1 3 Cross L foot in front, step R foot Rt, step L foot together.
- 4 6 Cross R foot in front, turn 1/4 T Rt & step L foot back, turn 1/4 T Rt & step R foot Rt.

[7-12]□L Twinkle, R Twinkle 3/4 T Rt

- Cross L foot in front, step R foot Rt, step L foot together. 1 - 3
- 4 6 Cross R foot in front, turn 1/4 T Rt & step L foot back, turn 1/2 T Rt & step R foot fwd. (3.00)

[13-18]□L Coaster Fwd, Waltz 1/2 T Rt

- 1 3 Step L foot fwd, step R foot together, step L foot back.
- 4 6 Turn 1/4 T Rt & step R foot Rt, step L foot together, turn 1/4 T Rt & step R foot fwd. (9.00)

[19-24]□2 @ Waltz 1/2 T Lt

- 1 3 Step L foot fwd, turn 1/4 T Lt & step R foot Rt, turn 1/4 T Lt & step L foot together.
- 4 6 Step R foot back, turn 1/4 T Lt & step L foot Lt, turn 1/4 T Lt & step R foot together.

[25-30] ☐ Step L Fwd, R Point Rt, Hold, Step R Back, L Point Lt, Hold

- 1 3 Step L foot fwd, point R foot to Rt, hold.
- 4 6 Step R foot back, point L foot to Lt, hold

[31-36] □ Waltz 3/4 T Rt & R Coaster fwd

- 1 3 Turn 1/4 T Rt & step L foot back, turn 1/4 T Rt & step R foot fwd, turn 1/4 T Rt & step L foot Lt. (6.00)
- Step R foot fwd, step L foot together, step R foot back. 4 - 6

[37-42]□ Weave Rt, L Draw Close & Step In Place

- Cross L foot in front, step R foot Rt, cross L foot behind. 1 - 3
- 4 6 Step R foot Rt, L toe draw together, step L foot in place.

[43-48] ☐ Weave Lt, R Draw Close & Step In Place

- 1 3 Cross R foot in front, step L foot Lt, cross R foot behind.
- 4 6 Step L foot Lt, R toe draw together, step R foot in place.

Start again

TAG: ☐ At the end of Walls 3 & 5 (both facing 6.00) as the phrase "It's high time you joined in the dance" is repeated.

Repeat the steps as per Counts 37 - 48 and Restart.

Contact - email: cfs1507@gmail.com