

Nossa Nossa

拍数: 32 墙数: 4 级数: Improver
编舞者: Jonathan Williamson (UK) - June 2015
音乐: Ai Se Eu Te Pego! - Michel Teló



Start Dance: Count 32 (20 seconds) from beginning of track

Side Mambo, Side Mambo, Forward Mambo, Coaster Step

1&2 Step right to right side, recover weight on left, step right next to left
3&4 Step left to left side, recover weight on right, step left next to right
5&6 Step forward right, recover weight back on left, step right next to left
7&8 Step back left, step right besides left, step forward left

Forward Shuffle, Step Turn Step, Side Together Forward, Side Together Back

1&2 Step forward right, step left besides right, step forward right
3&4 Step forward left, ½ pivot right, step forward left
5&6 Step right to right side, step left besides right, step forward right
7&8 Step left to left side, step right besides left, step back left

Side, Rock, Recover, Side, Rock Recover, Side, Touch, Side, Touch, Side Shuffle

1-2& Step right to right side, rock back on left, recover weight forward on right
3-4& Step left to left side, rock back left, recover weight forward on left
5&6& Step right to right side, touch left besides right, step left to left side, touch left besides right
7&8 Step right to right side, step left besides right, step right to right side

Rock, Recover, ¼ Turn, Side Shuffle, Jazz Box Cross, Touch

1&2 Rock left over right, recover weight on right, ¼ turn left stepping forward left
3&4 Step right to right side, step left besides right, step right to right side
5-6 Cross left over right, step back right
7-8 Step left to left side, touch right besides left

No Tags or Restarts
