

Do The Bomp

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Rene & Reg Mileham (UK) - June 2015
音乐: Who Put the Bomp? - The Overtones : (Album: Saturday Night At The Movies)



Music Style: Pop - 8 count intro (after heavy beat)

Section 1: Forward, touch, back, kick, coaster step, hold

1 – 2 Step Right forward, touch Left toe next to Right
3 – 4 Step Left back, kick Right forward (small kick)
5 – 6 Step Right Back, step Left next to Right
7 – 8 Step Right forward, hold

Section 2: Lock forward, step, HOLD, ½ turn, step, hold

1 – 2 Step Left forward, lock Right behind Left
3 – 4 Step Left forward, hold
5 – 6 Step Right forward, turn ½ left 6.00
7 – 8 Step Right forward, hold

Section 3: Forward, touch, back, kick, sweep Coaster ¼ turn, hold

1 – 2 Step Left forward, touch Right toe next to Left
3 – 4 Step Right back, kick Left forward (small kick)
5 – 6 Sweep Left foot behind Right making ¼ turn left, step Right next to left 3.00
7 – 8 Step Left forward, hold (weight on Left)

Section 4: Side mambo hold, side mambo, hold

1 - 2 Rock Right to right side, recover onto Left
3 - 4 Step Right next to Left, hold
5 - 6 Rock Left to left side, recover onto Right
7 - 8 Step Left next to Right, hold
