

Maria Cha Cha

COPPER KNOB
BY SHEETS

拍数: 64 墙数: 4
编舞者: Ira Weisburd (USA) - June 2015
音乐: Maria Cha Cha - Bamba

级数: Intermediate Cha Cha rhythm



Introduction: 32 counts. Start on vocal approx. 15 sec. NO TAGS !! NO RESTARTS !!
For Special Edit (Long or Short Track): dancewithira@comcast.net

PART I. (REVERSE ROCKING CHAIR; TRIPLE STEP BACK, ROCK BACK, RECOVER)

1-2 Step R back, Recover forward onto L
3-4 Step R forward, Recover back onto L
5&6 Step R back, Step-close L beside R, Step R back
7-8 Step L back, Recover forward onto R

PART II. (FORWARD ROCKING CHAIR; TRIPLE 1/2 TURN R, WEAVE BEHIND, SIDE)

1-2 Step L forward, Recover back onto R
3-4 Step L back, Recover forward onto R
5&6 Step L forward making 1/4 R Turn (3:00), Step R to R making 1/4 R Turn (6:00), Step L to L
7-8 Step R back, Step L to L

PART III. (CROSS, HITCH, FRONT, SIDE; ROCK BACK, RECOVER, TRIPLE STEP)

1-2 Step R across L, Lift L
3-4 Step L across R, Step R to R
5-6 Step L back, Recover forward onto R
7&8 Step L to L, Step-close R to L, Step L to L

PART IV. (ROCK BACK, RECOVER, TRIPLE 1/4 TURN L; ROCK BACK, RECOVER, TRIPLE 1/2 TURN R)

1-2 Step R back, Recover forward onto L
3&4 Step R to R, Step-close L beside R, Step R back making 1/4 Turn L (3:00)
5-6 Step L back, Recover forward onto R
7&8 Step L forward making 1/4 Turn R (6:00), Step-close R beside L, Step L back making 1/4 Turn R (9:00)

PART V. (WEAVE BEHIND 4 STEPS, ROCK BACK, RECOVER, KICK BALL-STEP)

1-2 Step R back, Step L to L
3-4 Step R across L, Step L to L
5-6 Step R back making 1/8 Turn R (10:30), Recover Forward onto L
7&8 Kick R forward, Step on ball of R beside L, Step L forward

PART VI. (FORWARD, RECOVER, TRIPLE STEP BACK; BACK, RECOVER, TRIPLE STEP FORWARD)

1-2 Step R forward, Recover back onto L
3&4 Step R back, Step-close L beside R, Step R back
5-6 Step L back, Recover forward onto R
7&8 Step L forward, Step-close R beside L, Step L forward

PART VII. (STEP FORWARD, PIVOT 1/8 TURN L, CROSS SHUFFLE; STEP L TO SIDE, 1/2 TURN R ONTO R, SIDE SHUFFLE STEP)

1-2 Step R forward, Pivot 1/8 Turn L onto L (9:00)
3&4 Step R across L, Step L to L, Step R across L
5-6 Step L to L, Step R to R making 1/2 Turn R (3:00)
7&8 Step L to L, Step-close R beside L, Step L to L

PART VIII. (ROCK BACK, RECOVER, SIDE SHUFFLE STEP; ROCK BACK, RECOVER, SIDE SHUFFLE STEP)

1-2 Step R back, Recover forward onto L
3&4 Step R to R, Step-close L beside R, Step R to R

5-6 Step L back, Recover forward onto R
7&8 Step L to L, Step-close R beside L, Step L to L

BEGIN DANCE

Contact ~ Email: dancewithira@comcast.net

Last Updates - 26th June 2015
