

# I'm ROCK & ROLL

COPPERKNOB  
STEPSHEETS

拍数: 96                      墙数: 2                      级数: Phrased Intermediate  
编舞者: Davide Donati, Sabrina Di Mario (IT) & Elena Cattaneo - June 2015  
音乐: I'm ROCK & ROLL by D.Donati



Sequenza: A,B, A,B, C, C,C,B, A,B,B – Start dancing on lyrics

## “PARTE A”

**A1: JUMP BACK KICK LEFT, RECOVER, STOMP RIGHT, STOMP LEFT, POINT RIGHT BACK AND TURN ½ BACK, POINT LEFT AND TURN ½ BACK**

1-2-3-4                      jump right back and kick left forward, recover, stomp right, stomp left,  
5-6-7-8                      point toe right back and turn ½ back, point toe left forward and turn ½ back

**A2: JUMP BACK, KICK LEFT, STOMP RIGHT, STOMP LEFT, POINT RIGHT FORWARD AND TURN ½ FORWARD, POINT LEFT AND TURN ½ FORWARD,**

1-2-3-4                      jump right back, kick left forward, stomp right, stomp left  
5-6-7-8                      point toe right forward and turn ½ forward, point toe left back and turn ½ forward

**A3: SIDE SHUFFLE RIGHT, CROSS BACK, LEFT GRAPEVINE, STOMP RIGHT**

1e2-3-4                      shuffle right to side right-left-right, cross left behind right and recover  
5-6-7-8                      step left to side, cross right behind, step left to side, stomp right together

**A4: MONTEREY ½ TURN, MONTEREY ½ TURN**

1-2-3-4                      touch right side, turn ½ right and step right together, touch left side, step left together  
5-6-7-8                      touch right side, turn ½ right and step right together, touch left side, step left together

## “PARTE B”

**B1: KICK RIGHT, ROCK BACK, BODY ROLL, TOE STRUTT LEFT BACK, TOE STRUTT RIGHT BACK**

1-2-3-4                      right kick forward, step right back, body roll right to left  
5-6-7-8                      point toe left back and lower left heel, point toe right back and lower right heel

**B2: ROCKING CHAIR, STEP LEFT TO SIDE, TURN ¼ AND KICK RIGHT, COASTER STEP**

1-2-3-4                      rock left back, recover to right, rock left forward, recover to right  
5-6-7e8                      step left to side, turn ¼ to right and kick right, right coaster step

**B3: STEP DIAGONAL LEFT AND RECOVER, COASTER STEP, STEP DIAGONAL RIGHT AND RECOVER, COASTER STEP**

1-2-3e4                      step diagonal left, recover to right, left coaster step  
5-6-7e8                      step diagonal right, recover to left, right coaster step

**B4: JAZZ BOX, RIGHT KICK, RIGHT BRUSH, RIGHT FLICK, TURN ½ TO RIGHT, STEP RIGHT**

1-2-3-4                      cross left over, step right back turn ¼ to left, step to left and stomp right  
5-6-7-8                      right kick, right brush and right flick, turn ½ to right, touch right together

## “PARTE C”

**C1: DIAGONAL STEP LOCK STEP RIGHT, SCUFF, DIAGONAL STEP LOCK STEP LEFT, STOMP**

1-2-3-4                      diagonal forward step lock step right, scuff  
5-6-7-8                      diagonal forward step lock step left, stomp

**C2: DIAGONAL BACK STEP LOCK STEP RIGHT, STOMP, DIAGONAL BACK STEP LOCK STEP LEFT, STOMP**

1-2-3-4                      diagonal back step lock step right, stomp  
5-6-7-8                      diagonal back step lock step left, stomp

**C3: SHUFFLE RIGHT TO SIDE,CROSS BACK LEFT,SHUFFLE LEFT TO SIDE,CROSS BACK RIGHT**

1e2-3-4 shuffle right to side right left right, cross back left and recover

5e6-7-8 shuffle left to side left right left, cross back right and recover

**C4: STEP RIGHT FORWARD,TURN ½ ,STEP RIGHT FORWARD,TURN ½ ,STOMP RIGHT,STOMP LEFT,CLAP, CLAP.**

1-2-3-4 step right forward, turn ½ to left, step right forward, turn ½ to left

5-6-7-8 stomp right, stomp left together, clap, clap

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MUSIC:

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Last Update - 1st July 2015

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