Cause I Believe In You



拍数: 64 墙数: 2 级数: Intermediate

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音乐: Believe - Shawn Mendes



Start on vocal. 32 counts

Section 1: R Walk, L Walk, R Side Mambo, R forward, L Side Mambo, L Cross, R 1/4 Turn Back(Left) L Chasse Left

1-2 RF walk, LF walk

&3-4 Rock RF out to right side(&), recover weight on LF, step forward on RF

Rock LF out to left side,(&), recover weight on RF Cross LF over right, step RF ¼ back(left)(9:00)

8&1 step LF to left side, step RF next to LF(&), step LF to left side

Section 2: R Side, Drag, Ball-Cross, L Side, R Diagonal Back Rock, Recover, Shuffle 1/4 Turn Left

2-3 long step RF to right side, drag LF towards to RF &4 step ball of LF beside RF(&), cross RF over LF

5,6-7 step LF to left side, rock RF diagonal back to 10:30, recover weight on LF to 9:00

8&1 shuffle ¼ turn left, stepping R L R(6:00)

Section 3: L ½ Turn Left, R Rock Forward, Recover, R Shuffle Back, L Back, Drag, Ball-Forward,

2 step LF ½ turn left(12:00)

3-4 rock forward on RF, recover weight on LF

step RF back, step LF next to RF(&), step RF back

7-8&1 long step LF back, drag RF towards to LF, step ball of RF next to LF(&), step forward on LF

Section 4: R Forward, Pivot 1/4 Turn Right, L Cross, R Side, L Back, R Touch, Ball-Forward

2 step forward on RF

3-4 step forward on LF, pivot ¼ turn right(3:00)5-6 cross LF over RF, step RF to right side

7-8&1 step LF back, touch RF next to LF, step ball of RF next to LF(&), step LF forward

Section 5: R Sway Forward, L Sway Back, R Shuffle Forward, Pivot ½ Turn Right, L Shuffle Forward + L Sway Forward

2-3 step RF forward and sway forward, sway LF back

4&5 step RF forward, step LF next to RF(&), step RF forward

6-7 step RF forward, pivot ½ turn right(9:00)

step LF forward, step RF next to LF(&), step LF forward and sway LF forward

Section 6: R Sway Back, L Sway Forward, R Side, &, R Side, Hold, &, R Chasse 1/4 Turn Right

2-3 sway RF back, sway LF forward

4& step RF to right side, step LF next to RF(&)

5-6 step RF to right side, hold

&7&8 step LF next to RF(&), step RF to right side, step LF next to RF(&), step RF ½ forward

right(12:00)

Section 7: Pivot 1/4 Turn Right, L Cross, R Side, L Behind, R 1/4 Forward, Pivot 1/2 Turn Right

1-2 step LF forward, pivot ¼ turn right(3:00)

3-4 cross LF over RF, step RF to right side

5-6 cross LF behind RF, step RF ¼ turn forward right(6:00)

7-8 step LF forward, pivot ½ turn right(12:00)

Section 8: Shuffle ½ Turn Right, R Rock Back, Recover, R Rock Forward, Recover, R Back, L Touch, &

1&2 shuffle ½ turn right, stepping L R L(6:00)
3-4 rock RF back, recover weight on LF
5-6 rock RF forward, recover weight on LF

7-8& step RF back, touch LF next to RF, step ball of LF next to RF(&)

Start again! Enjoy!

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