

# Night Changes

拍数: 32      墙数: 2      级数: Intermediate NC2S  
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音乐: Night Changes - One Direction



## Restarts In Walls 3 And 6 After 8 Counts (Facing 12.00 O'clock )

### S1: Basic Night Club R/L, Syncopated Cross Sailor Steps

1-2&      Rf step right, Lf step together , Rf cross in front of Lf (&)  
3-4&      Lf step left, Rf step together, Lf cross in front of Rf  
5&      Rf step diagonally forward, Lf cross in front of Rf (&)  
6&      Rf step back, Lf step left ( & )  
7&      Rf cross in front of Lf, Lf step back(&)  
8&      Rf step right, Lf cross in front of Rf ( & )

**\*Restart Dance From Here In Wall 3 And 6 When Your Are Facing 12.00 O'clock Wall**

### S2: Basic Night Club R, 1/2 Turn R , Side, Cross, Sway (2X) , Basic Night Club R

1-2&      Rf step right, Lf step together , Rf cross in front of Lf (&)  
3      Lf step left whilst making 1/2 turn right (6.00)  
4&      Rf step right, Lf cross in front of Rf ( & )  
5-6      Rf step right swaying to right, recover onto Lf swaying left  
7-8&      Rf step right, Lf step together, Rf cross in front of Lf (&)

### S3: 1/2 Turn R With Sweep, Rock Back R, Recover L, 1/2 Turn L With Sweep, Rock Back L, Scissor Step L, Syncopated Mambo Cross, 3/4 Turn R

1      Lf step left whilst making 1/2 turn right sweeping Rf from front to back (12.00)  
2&      Rf rock back, recover onto Lf ( & )  
3      Rf step forward whilst making 1/2 turn left sweeping Lf from front to back (6.00)  
4&      Lf rock back , recover onto Rf ( & )  
5&6      Lf step left, Rf step together ( & ), Lf cross in front of Rf  
&7&      Rf step right (&), recover onto Lf , Rf cross in front of Lf (&)  
8&      make 1/4 turn right stepping Lf back ( 9.00 ), make 1/2 turn right stepping Rf forward ( 3.00 )

### S4: Step Forward L, Mambo Step Forward, Lock Step Back L, 1/4 Turn R With Rock Step R, Recover With 1/4 Turn L, 3/4 Turn L

1      Lf step forward  
2&3      Rf rock forward, recover onto Lf ( & ), Rf step back  
4&5      Lf step back, Rf cross in front of Lf, Lf step back  
6-7      make 1/4 turn right rocking Rf to right (6.00) , make 1/4 turn left recovering weight onto Lf (3.00 )  
8&      Rf step forward, make 3/4 turn left on Lf ( 6.00 )