

A Kind Of Hush (輕聲細語) (zh)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Doug Miranda (USA) & Jackie Miranda (USA)
音乐: There's a Kind of Hush - Carpenters



前奏: on vocals 唱歌起跳

第一段 Step Forward, Touch, Step Back, Touch, Side, Behind, Side, ¼ Turn Right, Brush 前踏, 點, 後踏, 點, 側, 後, 側, 右轉1/4, 刷

1-4 Step forward on R, touch L next to R, step back on L, touch R next to L 右足前踏, 左足併點, 左足後踏, 右足併點

5-8 Step R to R side, step L behind R, step R to R side, turn ¼ turn R as you brush L forward 右足右踏, 左足於右足後踏, 右足右踏, 右轉90度左足前刷

第二段 Rock Forward, Recover, Rock Back, Recover, Step Forward, ½ Turn Right, Step Forward, Hold 前下沉, 回復, 後下沉, 回復, 前踏, 右轉1/2, 前踏, 候

1-4 Rock forward on L, recover on R, rock back on L, recover on R 左足前下沉, 右足回復, 左足後下沉, 右足回復

5-8 Step forward on L, turn ½ turn R with weight ending forward on R, step forward on L (weight on L), hold 左足前踏, 右轉180度右足前踏, 左足前踏, 候

第三段 Side Rock, Recover, Cross, Hold; Side Rock, Recover, Cross, Hold (Slightly traveling Forward) 側下沉, 回復, 交叉, 候; 側下沉, 回復, 交叉, 候(輕輕往前走)

1-4 Side rock R to R side, recover on L, cross R over L, hold (weight on R) 右足右下沉, 左足回復, 右足於左足前交叉踏, 候(重心在右足)

5-8 Side rock L to L side, recover on R, cross L over R, hold (weight on L) 左足左下沉, 右足回復 左足於右足前交叉踏, 候(重心在左足)

Note Slightly travel forward for these 8 counts 跳完這八拍略向前移

第四段 Step Forward, ½ Turn Left, Step Forward, Hold; Full Turn Forward, Step Forward, Hold 前踏, 左轉1/2, 前踏, 候, 前轉圈, 前踏, 候

1-4 Step forward on R, turn ½ turn L, step forward on R, hold 右足前踏, 左轉180度, 右足前踏, 候

5-8 Turn a full turn R traveling forward by turning ½ turn R stepping back on L, turn another ½ turn R stepping forward on R, step forward on L, hold (weight on L) 右轉圈(右轉180度左足後踏, 右轉180度右足前踏), 左足前踏, 候(重心在左足)

Note Option -to eliminate the full turn for counts 5-8 above, simple walk forward L, R, L, hold (weight on L)
5-8簡易版:走步(左, 右, 左), 候(重心在左足)