

# This Ring

拍数: 64      墙数: 4      级数:  
编舞者: Tom Monaghan (NZ) & Wendy Monaghan (NZ) - April 2008  
音乐: With This Ring - T. Graham Brown



## KICK, KICK, COASTER x2,

123&4      Kick R foot fwd, kick R foot 45deg, step R back, step L beside R, step R fwd,  
567&8      Kick L foot fwd, kick L foot 45deg, step L back, step R beside L, step L fwd.

## FWD SHUFFLE, ¼ PIVOT, CROSS SHUFFLE, ½ TURN.

1&234      Shuffle fwd R.L.R, step L fwd, pivot ¼ turn R,  
5&678      Cross shuffle L.R.L, step back R into ¼ turn L, turn ¼ left stepping L to side.

## CROSS SIDE ROCK X 2, ½ PIVOT X 2.

1&2      Cross/Step R over L, rock/step L to L side, recover on R, (moving fwd)  
3&4      Cross/Step L over R, rock/step R to R side, recover on L, (moving fwd)  
5678      Step R fwd, pivot ½ turn left, step R fwd, pivot ½ turn Left.(weight fwd)

## DOUBLE HIPS X 2, FWD, ROCK, ½ TURN SHUFFLE.

1&2 3&4      Step R fwd pushing hips R.L.R, step L fwd pushing hips L.R.L,  
567&8      Rock fwd on R, recover onto L turning ½ right & shuffle fwd R.L.R.

## DOUBLE HIPS X 2, FWD, ROCK, ¾ TRIPLE TURN.

1&2 3&4      Step L fwd pushing hips L.R.L, step R fwd pushing hips R.L.R,  
567&8      Rock fwd on L, recover onto R, turn 270 deg Left stepping L.R.L.

## FWD, ROCK, SHUFFLE, BACK, ROCK, ½ TURN SHUFFLE.

123&4      Rock fwd onto R, recover onto L, shuffle back R.L.R,  
567&8      Rock back onto L, recover onto R, turning ½ right shuffle back L.R.L.

## BACK, ROCK, KICKBALL CHANGE, ¼ PIVOT, KICK BALL CHANGE.

123&4      Rock/step back onto R, recover onto L, R kick ball change,  
567&8      Step R fwd, ¼ pivot turn L ( weight L), R kick ball change.

## SIDE, ROCK, ½ HINGE SHUFFLE, ½ TURN SHUFFLE, BACK, ROCK.

123&4      Rock/step R to right, recover onto L, hinge ½ turn R & side shuffle R.L.R,  
5&678      Turn ½ R & side shuffle L.R.L, rock back onto R, recover onto L.

## Repeat Dance

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