

Hold My Hand

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Jon Peppin (AUS) - June 2015
音乐: Hold My Hand - Jasmine Rae : (Album: Heartbeat)



Start Position: Feet together - with weight on L foot.
Starts on vocals – 16 counts in.

S1: STEP R, HINGE R ON L, STEP R, CROSS, SIDE, BEHIND, SIDE, ROCK L, TURN 90° R, FWD COASTER, STEP TOGETHER.

1,2 Step/rock R to R side, rock/replace weight onto L whilst hinge turning 180 degrees R, □ 6:00
&3&4& Step R to R side, step L over R, step R to R side, step L behind R, step/rock R to R side,
5,6 Step/rock L to L side, step/rock weight forward onto R whilst turning 90 degrees R, □ 9:00
7&8& Forward coaster stepping L, R, L, step R beside L,

S2: FWD, BACK, TRIPLE TURN 450° BACK, TOGETHER, FWD, BACK, COASTER STEP, TOGETHER

1,2 Step/rock L forward, rock/replace weight back on R,
3&4& Turning 450 degrees (or 180 degrees) L - stepping L, R, L, step R beside L, □□ 3:00
5,6 Step/rock L forward, rock/replace weight back on R,
7&8& Backward coaster - stepping L, R, L, step R beside L,

S3: SIDE, TOGETHER, SYNCOPATER BOX STEP, SIDE TOGETHER SYNCOPATED BOX STEP.

1,2 Step L to L side, step R beside L,
3&4& Step L forward, step R to R side, step L beside R, step R back,
5,6 Step L to L side, step R beside L,
7&8& Step L back, step R to R side, step L beside R, step R forward,

S4: STEP L. ROCK R, CROSS SHUFFLE, STEP R, BEHIND, UNWIND 90° L, GALLOP FORWARD R, L, R, L.

1,2 Step/rock L to L side, rock/replace weight onto R,
3&4& Step L over R, step R to R side, step L over R, step R to R side,
5,6 Step L behind R, unwind 90 degrees L - weight on L, 12:00
7&8& Step R forward, step L beside R, step R forward, step L beside R, *

S5: STEP R, ROCK L, BEHIND HEEL JACK, TOGETHER, CROSS, SIDE 90° SAILOR TURN.

1,2 Step/rock R to R side, rock/replace weight onto L,
3&4& Step R behind L, step L slightly L, touch R heel forward, step R beside L,
5,6 Step L over R, step R to R side, #
7&8 Turning 90 degrees L - sweep L behind R, step R to R side, replace weight onto L, □ 9:00

S6: SKATE, SKATE, PADDLE TURN, CROSS, SIDE, ROCK BACK, FWD, SIDE, BEHIND, CROSS.

1,2 Skate R forward, skate L forward,
3&4& Step R forward, pivot 90 degrees L - weight on L, cross R over L, step L to L side, 6:00
5,6 Step/rock back on R, rock/replace forward onto L,
&7&8 Step R to R side, step L behind R, step R to R side, step L over R.

REPEAT DANCE IN NEW DIRECTION

Restart: *Wall 3 (front wall) - Dance up to count 32& - then restart the dance from the beginning facing front wall.

Finish: Dance to count 38(#) - add the sailor step but don't turn then step to R side and drag L up to R.

As taught by the Travelling Cowboy. (Ph.0413.714725).□
Contact - Email: □travellingcowboy@iprimus.com.au
