Once In A Lifetime Love

拍数: 32

级数: Easy Intermediate

编舞者: Sue Wilson (NZ) - August 2012

音乐: Once In a Lifetime Love - Alan Jackson : (CD: Drive - also iTunes)

[1 – 8] R Side Rock, Hinge ½ R Shuffle, L Cross and turn ¾ L, Rock Bck 123&4 R Rock Side, Recover onto L, Hinge turn 1/2 R Side Shuffle (RLR) 5&678 L Cross, ¼ L Step R Back, ½ L Step L Fwd, R Rock Fwd, Recover onto L [9 – 16] R Lock Step Back, ¼ L Side Rock, L Sailor Step Fwd, R Rock, Fwd Bck R Back, L Lock Across, R Back, 1/4 L Side, Recover onto R 1&234 5 & 6 7 8 L Behind, R Side, L Fwd, R Rock Fwd, Recover onto L [17 – 24] ½ R Turn & Run Fwd R L R, L Rock Fwd, Back, ¼ R Sailor, R Sailor 1&234 1/2 R and Run Fwd R L R, L Rock Fwd, Recover onto R 5 & 6 7 & 8 L Back, ¼ R Side, Recover, R Behind, L Side, Recover [25 – 32] L Bck, Sweep R Out ¼ R , Rock Bck, Fwd, Ball-Step Fwd, Bck, L Coaster X 1234 #L Back, Sweep R Out making 1/4 R turn, Rock Bck, Recover Fwd onto L* # &567&8 R Ball-Step L Fwd, Recover back onto R, L Coaster Cross Restart: Wall 4 Dance up to Count 28 * - Restart from the beginning Ending: Wall 8 During wall 8 the music starts to fade out. Keep dancing . #About Counts 25 – 28 the music will slow Dance through to 29 (ball step) and Slow Drag R up and close beside L

We hope you enjoy this dance.....listen too to the beautiful words

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墙数: 2