

# Once In A Lifetime Love

**COPPER** KNOB  
BY SHEETS

拍数: 32      墙数: 2      级数: Easy Intermediate  
编舞者: Sue Wilson (NZ) - August 2012  
音乐: Once In a Lifetime Love - Alan Jackson : (CD: Drive - also iTunes)



**[1 – 8] R Side Rock, Hinge ½ R Shuffle, L Cross and turn ¾ L, Rock Bck**

1 2 3 & 4      R Rock Side, Recover onto L, Hinge turn ½ R Side Shuffle (RLR)  
5 & 6 7 8      L Cross, ¼ L Step R Back, ½ L Step L Fwd, R Rock Fwd, Recover onto L

**[9 – 16] R Lock Step Back, ¼ L Side Rock, L Sailor Step Fwd, R Rock, Fwd Bck**

1 & 2 3 4      R Back, L Lock Across, R Back, ¼ L Side, Recover onto R  
5 & 6 7 8      L Behind, R Side, L Fwd, R Rock Fwd, Recover onto L

**[17 – 24] ½ R Turn & Run Fwd R L R, L Rock Fwd, Back, ¼ R Sailor, R Sailor**

1 & 2 3 4      ½ R and Run Fwd R L R, L Rock Fwd, Recover onto R  
5 & 6 7 & 8      L Back, ¼ R Side, Recover, R Behind, L Side, Recover

**[25 – 32] L Bck, Sweep R Out ¼ R, Rock Bck, Fwd, Ball-Step Fwd, Bck, L Coaster X**

1 2 3 4      #L Back, Sweep R Out making ¼ R turn, Rock Bck, Recover Fwd onto L\* #  
&5 6 7 & 8      R Ball-Step L Fwd, Recover back onto R, L Coaster Cross

**Restart: Wall 4 Dance up to Count 28 \* - Restart from the beginning**

**Ending: Wall 8 During wall 8 the music starts to fade out. Keep dancing .**

**#About Counts 25 – 28 the music will slow**

**Dance through to 29 (ball step) and Slow Drag R up and close beside L**

**We hope you enjoy this dance.....listen too to the beautiful words**

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