Catfish Dinner



编舞者: Debbie Gwartney (USA) - September 2013

音乐: That's My Kind of Night - Luke Bryan: (Album: Crash My Party)



Slow Teach: "Red Camaro" by Rascal Flatts

S1: 1/4 Sway Turn, 1/4 Sway Turn, Cross Shuffle, Rock Recover

1,2 Sway R then L, with ¼ turn L 3,4 Sway R then L, with ¼ turn L

5&6 Step R across L, step L to R side of R, step R to L of L foot

7,8 Rock L out to L side, recover R in place

S2: 1/4 Coaster Turn, 1/2 Pivot Turn, 1/2 Shuffle Turn, Rock Recover

9&10 Turning ¼ turn to L, step L back, step R beside L, step L forward 11,12 Step R forward, placing weight back on L, pivot ½ turn to the L

13&14 Right shuffle ½ turn to L (completing a full turn)

15,16 Rock back L, recover forward on R

S3: 1/4 Turn, Cross Shuffle, Rock Recover, 1/4 Coaster Turn

17,18 Rock L out to L, recover back on R, as you do ¼ turn to R
19&20 Cross L across R, step R to L side of R, step L to the R

21,22 Rock R out to R, recover on L

23&24 Turn ¼ R as you step back on R, step L beside R, step forward L

S4: Lock Step, Lock Step, 4 Count heel bounce as you turn ½ turn

25&26 Step L forward, step R to the L of L, step forward L 27&28 Step R forward, step L to the R of R, step forward R

29,30,31,32 As you step L forward, place weight on heels, for 4 counts, bounce on heels, as you turn \Bigsi2\frac{1}{2}

turn to the R,

(Keeping feet in place, bounce around, ½ turn, for 4 counts)

S5: Coaster Step, Lock Step, Lock Step, Rock, Recover

33&34 Step back R, step L beside R, step forward R
35&36 Step L forward, step R to the L of L, step forward L
37&38 Step R forward, step L to the R of R, step forward R

39,40 Rock Forward L, recover back on R

S6: Coaster Step

41 & 42 Step back L, step R beside L, Step forward L

End of dance, start over

Contact: debken99@casscomm.com - Email: debken99@casscomm.com□