

S Club Beat

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Beginner
编舞者: Denise Bisson (UK) - June 2015
音乐: Don't Stop Movin' - S Club 7



Intro: 32 counts – start on vocals. No tags or restarts!

S1: Chassé Right, Cross Rock, Recover, Back Rock, Recover, Cross Rock, Recover

1&2 Step right to right side, step left beside right, step right to right side
3-4 Cross rock left over right, recover on right
5-6 Rock back on left, recover on right
7-8 Cross rock left over right, recover on right

S2: Chassé Left, Cross Rock, Recover, Back Rock, Recover, Cross Rock, Recover

1&2 Step left to left side, step right beside left, step left to left side
3-4 Cross rock right over left, recover on left
5-6 Rock back on right, recover on left
7-8 Cross rock right over left, recover on left

S3: 1/4 Monterey Turn x 2

1-2 Point right to right side, turn ¼ right on ball of left foot and step right beside left
3-4 Point left to left side, step left beside right [3:0]
5-6 Point right to right side, turn ¼ right on ball of left foot and step right beside left
7-8 Point left to left side, step left beside right [6:0]

S4: Triple Forward, Forward Rock, Recover, Triple 1/2 Turn Left, Pivot 1/2 Turn Left

1&2 Step right forward, step left beside right, step right forward
3-4 Rock forward on left, recover on right
5&6 Triple ½ turn left – stepping left, right, left
7-8 Step right forward, pivot ½ turn left (weight ends on left)

REPEAT

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