

# Your Own Heart

**COPPER** KNOB  
STEPSHEETS

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: Kim Liebsch (DK) - June 2015  
音乐: Karma Town - Stine Bramsen



**Intro:** 16 counts after 1<sup>st</sup> beat( appr. 10 seconds ) Start with weight on L foot

**Restart:** On wall 2 after 32 counts ( Step fw. on the & counts to Restart) (9:00) \*

**Ending:** After the ¼ turn on count 47 facing 12:00

**#1 section:** □ Step, lock step, rock recover 2 X back, 2 X back back rock, step ¼ □

&                      Step fw. on R □ 12:00  
1-2                    Lock L behind R, step fw. on R □ 12:00  
3&4&                Rock fw. on L, recover on R, step back on L, step back on R □ 12:00  
5-6                    Step back on L, step back on R □ 12:00  
7&8&                Rock back on L, recover on R, step fw. on L, make ¼ turn R putting weight on R □ 3:00

**#2 section:** □ Cross ¼ turn, side cross rock side, 2 X sway, cross rock side rock □

1-2                    Cross L over R, make ¼ turn L stepping back on R □ 12:00  
3&4&                Step L to L side, cross R over L, recover on L, step R to R side □ 12:00  
5-6                    Sway L, sway R □ 12:00  
7&8&                Cross L over R, recover on R, rock L to L side, recover on R □ 12:00

**#3 section:** □ Step ¼ turn, behind ¼ step ½ turn, 2 X walk, 2 X out 2 X in □

1-2                    Step fw. on L, make ¼ turn L stepping R to R side □ 9:00  
3&4&                Cross L behind R, make ¼ turn R stepping fw. on R, step fw. on L, make ½ turn R stepping fw. on R □ 6:00  
5-6                    Walk fw. on L, walk fw. on R □ 6:00  
7&8&                Step out on L, step out on R, step in on L, step in on R □ 6:00

**#4 section:** □ 2 X walk, syncopated jazzbox, rock recover, point together X 2 □

1-2                    Walk fw. on L, walk fw. on R □ 6:00  
3&4&                Cross L over R, step back on R, step L to L side, step fw. on R □ 6:00  
5-6                    Rock fw. on L, recover on R □ 6:00  
7&8&                Point L to L side, step L next to R, point R to R side, step R next to L \*(9:00) □ 6:00

**#5 section:** □ Step ½ turn, cross back back step X 2 □

1-2                    Step fw. on L, make ½ turn R stepping fw. on R □ 12:00  
3&4&                Cross L over R, step back on R, step back on L, step fw. on R □ 12:00  
5-6                    Step fw. on L, make ½ turn R stepping fw. on R □ 6:00  
7&8&                Cross L over R, step back on R, step back on L, step fw. on R □ 6:00

**#6 section:** □ Step ¼ turn, cross side behind side, side rock, 2 X ¼ turn behind □

1-2                    Step fw. on L, make ¼ turn R stepping R to R side □ 9:00  
3&4&                Cross L over R, step R to R side, cross L behind R, step R to R side □ 9:00  
5-6                    Rock L to L side, recover on R □ 9:00  
7&8                    Make ¼ turn L putting weight on L, make ¼ turn L stepping R to R side, cross L Behind R □ 3:00

**Good Luck & N'joy!**