

# Arms Of Mary

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner / Improver  
编舞者: Ron Tate (UK) - June 2015  
音乐: Arms of Mary - Sutherland Brothers & Quiver : (CD: Acoustic Moods)



## Dance Starts On Vocals - No Tags & Restarts

### S1: Side Rocks, Cross Shuffle (L), Side Rocks, Cross Shuffle (R)

1 - 2      Side Rock (R), Side Rock (L)  
3 & 4      Cross Shuffle (R L R)  
5 - 6      Side Rock (L), Side Rock (R)  
7 & 8      Cross Shuffle (L R L)

### S2: Side Step, Cross Behind, Turn Into Shuffle, Step, Turn, Shuffle

1 - 2      Step (R) To Side, Cross (L) Behind (R)  
3 & 4      Make A  $\frac{1}{4}$  Turn (R) Into Forward Shuffle (R L R) 3 O'clock  
5 - 6      Step Forward (L), Pivot  $\frac{1}{2}$  Turn (R)  $\square$  9 O'clock  
7 & 8      Shuffle Forward (L R L)

### S3: 2x Walks (Or) Full Turn, Shuffle Forward, Rock Steps, Shuffle Back

1 - 2      2x Walks Forward (R, L) Or Full Turn (L) Over 2 Counts  
3 & 4      Shuffle Forward (R L R)  
5 - 6      Rock Forward (L), Rock Back (R)  
7 & 8      Shuffle Back (L R L)

### S4: Turn, Touch, $\frac{1}{4}$ Turn, $\frac{1}{2}$ Turn, Shuffle Back, Rock Steps

1 - 2      Make A  $\frac{1}{4}$  Turn (R) Stepping (R) To Side, Touch (L) Next To (R)  $\square$  12 O'clock

### Nb. $\square$ Dance Ends At This Point Facing 12 O'clock

3      Make A  $\frac{1}{4}$  Turn (L) Stepping Forward (L) 9 O'clock  
4      On Ball Of (L) Pivot  $\frac{1}{2}$  Turn (L) Stepping Back (R)  $\square$  3 O'clock  
5 & 6      Shuffle Back (L R L)  
7 - 8      Rock Back (R), Rock Forward (L)

## Repeat Steps

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