Everything's Gone South

拍数: 32

级数: Easy Improver

编舞者: Angie Pennington (UK) & Big AI (UK) - June 2015

音乐: Southbound Train - Honky Tonkin': (amazon)

Intro: Dance Starts On The Word - "Train" - Dance Rotates In A Clockwise Direction

Section 1: Heel Rock, Back Rock, Heel Rock, Coaster Cross

- 1-2 Rock Forward On Right Heel, Recover On Left
- 3-4 Rock Back On Right, Recover On Left
- 5-6 Rock Forward On Right Heel, Recover On Left
- 7&8 Step Back On Right, Step Together, Cross Right Over Left

Section 2: Point Cross, Point Cross, Point Cross Behind, Point Cross Behind

- 1-2 Point Left To Left Side, Cross Left Over Right
- 3-4 Point Right To Right Side, Cross Right Over Left
- 5-6 Point Left To Left Side, Cross Left Behind Right
- 7-8 Point Right To Right Side, Cross Right Behind Left

Section 3: Side Cross, Side Rock Behind, ¼ Turn, Stomp Clap

- 1-2 Step Left To Left Side, Cross Right In Front Of Left
- 3-4 Rock Left To Left Side, Replace On Right
- 5-6 Cross Left Behind Right, Step Forward On Right Turning a ¼ Turn Right
- 7-8 Stomp Left Beside Right, Clap And Hold For 1 Beat

Section 4: Left Heel, Toe Heel Swivels Clap, Right Heel, Toe Heel Swivels Clap

Travelling To The Left

- 1-2 Both Heels To Left, Both Toes Left
- 3-4 Both Heels To Left, Clap

Travelling To The Right

- 5-6 Both Heels To Right, Both Toes Right
- 7-8 Both Heels To Right, Clap Weight On Left

Start Again

Choreographers' Note

For A Bit Of Fun On Section 1 Beats 1-4, Both Arms Make A Circular Motion To Simulate A Train, Repeat This Movement Again On Beats 5-8

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