

Way To San Antone (P)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 0 级数: High Beginner Partner
编舞者: Don Pascual (FR) - May 2015
音乐: Is Anybody Goin' To San Antone - Gerry Guthrie



Start on vocals (32 counts from the first upbeat)

Start position: The partners are facing each other, man's right shoulder facing lady's one, lady's right hand in man's one (at waist height).

The couples form a circle, men facing Line Of Dance (LOD)

** Restart: Wall 2, dance until the end of section 6 (instrumental part), then restart the dance.

Man's footwork

Section 1: R side mambo, hold, L side mambo, hold

1-4 Rock R to the R, recover onto L, R foot beside L, hold

5-8 Rock L to the L, recover onto R, L foot beside R, hold

Section 2: R rumba box forward

1-4 Step R to the R, L beside R, step R forward, hold

5-8 Step L to the L, R beside L, L back step, hold

Partners release their right hands and are switching sides while making the rumba box (counts 3 and 7)

Section 3: R back rocking chair, R, L, R steps backward, hold

1-4 R back rock, recover onto L, R rock forward, recover onto L

5-8 3 little steps backward R, L, R, hold

At the beginning of section 3, partners hold their R hands

Counts 5 to 7: partners raise their R arms as lady turns under arms

Section 4: Vine to the L, hitch + clap, vine to the R, hitch + clap

1-4 Step L to the L, cross R behind L, step L to the L, R hitch + clap

5-8 Step R to the R, cross L behind R, step R to the R, L hitch + clap

Partners release their right hands during section 4

Section 5: Step lock step L forward, R brush, step lock step R forward, L brush

1-4 Step L forward, lock R behind L, step L forward, brush R beside L

5-8 Step R forward, lock L behind R, step R forward, brush L beside R

Partners hold their R hands during section 5 (at waist height)

Section 6: L rock step forward, L ½ T & step L forward, hold, step R fwd, L ½ T, touch R beside L, hold **

1-4 Rock L forward, recover onto R, L ½ T & step L forward, hold

5-8 Step R forward, L ½ T, touch R ball beside L, hold **

Partners release their R hands on counts 3 to 6. Counts 7-8, lady's right hand in man's one (at waist height)

Section 7: Vine to the R making a R ¼ T, brush, step L fwd, R ½ T, R ¼ T & L side step, hold

1-4 Step R to the R, cross L behind R, R ¼ T & step R forward, brush L beside R

5-8 Step L forward, R ½ T, R ¼ T (on ball of R foot) & step L to the L, hold

Partners release their right hands on count 2.

On counts 3 to 5, man is facing OLOD.

On count 7, partners are facing each other, lady's right hand in man's right one and lady's left one in man's left one (arms are crossed at waist height, right ones above left ones).

Nota: Counts 1 to 3 (Vine): Take small steps so as to face your partner on count 7

Section 8: Hip bumps R, L, R, hold, L side step, together, step L fwd, hold

1-4 Hip bump to the R, to the L, to the R, hold
5-8 Step L to the L, R beside L, step L forward, hold

On count 5 partners release their left hands.

Lady's footwork

Section 1: R side mambo, hold, L side mambo, hold

1-4 Rock R to the R, recover onto L, R foot beside L, hold
5-8 Rock L to the L, recover onto R, L foot beside R, hold

Section 2: R rumba box forward

1-4 Step R to the R, L beside R, step R forward, hold
5-8 Step L to the L, R beside L, L back step, hold

Partners release their right hands and are switching sides while making the rumba box (counts 3 and 7)

Section 3: R back mambo, L brush, L shuffle fwd making a R ½ T, hold

1-4 R back rock, recover onto L, step R forward, brush L beside R
5-8 R ¼ T & step L to the L, step R beside L, R ¼ T & L back step, hold

At the beginning of section 3, partners hold their R hands

Counts 5 to 7: partners raise their R arms as lady turns under arms

Section 4: Vine to the R, hitch + clap, vine to the L, hitch + clap

1-4 Step R to the R, cross L behind R, step R to the R, L hitch + clap
1-4 Step L to the L, cross R behind L, step L to the L, R hitch + clap

Partners release their right hands during section 4

Section 5: Step lock step R forward, brush, step lock step L forward, hold

1-4 Step R forward, lock L behind R, step R forward, brush L beside R
5-8 Step L forward, lock R behind L, step L forward, brush R beside L

Partners hold their R hands during section 5 (at waist height)

Section 6: R rock step forward, R ½ T & step R forward, hold, L rock step fwd, L back step hold **

1-4 Rock R forward, recover onto L, R ½ T & step R forward, hold
5-8 Rock L forward, recover onto R, L back step, hold **

Partners release their R hands on counts 3 to 6. Counts 7-8, lady's right hand in man's one (at waist height)

Section 7: Vine to the R making a R ¼ T, brush, step L fwd, R ½ T, R ¼ T & L side step, hold

1-4 Step R to the R, cross L behind R, R ¼ T & step R forward, brush L beside R
5-8 Step L forward, R ½ T, R ¼ T (on ball of R foot) & step L to the L, hold

Partners release their right hands on count 2.

On counts 4 to 6, lady is facing ILOD

On count 7, partners are facing each other, lady's right hand in man's right one and lady's left one in man's left one (arms are crossed at waist height, right ones above left ones).

Nota: Counts 1 to 3 (Vine): Take small steps so as to face your partner on count 7

Section 8: Hip bumps R, L, R, hold, L side step, together, L back step, hold

1-4 Hip bump to the R, to the L, to the R, hold
5-8 Step L to the L, R beside L, L back step, hold

On count 5 partners release their left hands.

Have fun with this dance...
