

Flashlight

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Daniel Whittaker (UK) - June 2015
音乐: Flashlight - Jessie J : (Album: Pitch Perfect 2, OST. - iTunes)



RESTART: There is 1 Restart during wall 5, dance up to count (16&) and then Restart from the beginning facing 06:00 wall.

START: Start on vocals, 16 counts in to the music

[1-8] Side step, rock step, side rock, touch, Step side step, Rock over, Side rock, ¼ turn step

1-2& Step left to left side, rock right behind left, recover weight on left 12:00
3&4 Rock right to the right side, recover weight on left, touch right beside left 12:00
5 Step right to the right side 12:00
6& Rock left over right, recover weight on right 12:00
7& Rock left to the left side, recover weight on right 12:00
8& Step left behind right, make ¼ turn right stepping right foot forward 03:00

[9-16] Step forward, ½ turn step, rock step, Ball step, Full turn step, ¼ turn step

1 Step left foot forward 03:00
2&3 Step right foot forward (03:00), make ½ turn left (09:00), Rock right foot forward 09:00
4 Recover weight back on left foot 09:00
&5 Step right beside left, step left foot forward 09:00
6&7 Step right foot forward, Make ½ turn left (03:00), Make a further ½ turn left stepping right foot back 09:00
8& Make ¼ turn left stepping left to left side, close right beside left 06:00

RESTART HERE ON WALL 5

[17-24] Modified Jazz Box, Walk forward L-R, Rocking chair, ¼ turn

1 Step left to left side 06:00
2&3 Cross right over left, step left foot back, step right to right side 06:00
4-5 Walk forward L-R 06:00
6&7& Rock left foot forward, Recover weight back on right, Rock left foot back, recover weight forward on right 06:00
8& Step left foot forward, make ¼ turn right 09:00

[25-32] Cross step, Side step rock step x 2, rock recover, cross ¼ turn

1 Cross left over right 09:00
2-3& Step right to right side, rock left behind right, recover weight on right 09:00
4-5& Step left to left side, rock right behind left, recover weight on left 09:00
6-7 Rock right foot forward, recover weight on left 09:00
&8&a Step right foot back, cross left over right, step right foot back, Make ¼ turn left 06:00

END OF DANCE, ENJOY

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