

The Hills

COPPER KNOB
BY STEPHEN HETS

拍数: 32 墙数: 4 级数: High Intermediate
编舞者: Lam Lam (HK) - June 2015
音乐: The Hills by The Weekend (3:54min)



Intro: Start on lyrics

Tag: 2 counts , Sway L R, after Wall 1 & 3 facing 3:00 & 9:00.

End: The dance ends on Wall 7 after 16 counts

(1-9) 1/4L, Jazz 1/4R, 1/8R Walk LR, 1/8R Side, 1/4R Walk Back RL, Back Rock 1 1/2L Sweep

1 2&3 1/4L Step L fwd(1), Cross R over L(2), 1/4R Step L back(&), Step R to side(3)
4&5 Walk fwd diagonal R on L,R(4&)1:30, 1/8R Step L to side(5)3:00
6&7& 1/4R Walk back on R,L(6&), Rock back on R(7), Recover weight fwd on L(&)
8&1 1/2L step back on R(8), 1/2L step L fwd(&), 1/2L step back on R sweep Lf backwards(1)12:00

(10-17) Reverse Twinkle, Cross SideRock, Cross Spiral 1 1/4 Turn R, Step Full Turn R, Mambo 1/2L sweep 1/4L Touch

2&3 Step L behind R(2), Rock R to side (&), Step L to side slightly back(3)
&4&5 Cross R over L(&), Rock L to side(4), Recover on R(&), Cross L over R spiral 1 +1/4 turn R weight still on Lf(5)3:00
6&7 Step R fwd(6), 1/2R Step back on L(&), 1/2R Step R fwd(7)
8&1 Rock fwd on L(8), recover on R(&), 1/2L Step L fwd sweeping Rf to make further 1/4L touch R beside L(1)6:00

(18-24) Sway R L, R Side Lunge, Spin Full Turn L, R Nightclub 1/4L, Pivot 1/2L, Step 1/2R

2& 3 4 Sway to side on R&L(2&), Lunge R to side(3), Spin full turn L, weight on Lf bringing Rf close to Lf(4)
5&6& Step R to side(5), Step L close to R(&), Cross R over L(6),1/4L Step L fwd(&)
7&8& Step R fwd(7), pivot 1/2L(&), Step R fwd(8), 1/2R Step togwith L(&)3:00

(25-32) Basic Nightclub R,L, Step Diagonal Fwd R, 1/2R, Back, Recover1/8L , 1/4L, 1/4L, Cross

1 2& Step R to side(1), Step L close to R(2), Cross R over L(&)
3 4& Step L to side(3), Step R close to L(4), Cross L over R(&)
5&6 R Step fwd diagonal R(5) 4:30, 1/2R step L back(&), Step R back(6) 10:30
7&8& Recover on L 1/8 turn L(7)9:00, 1/4L Step R back(&), 1/4L Step L to side(8), Cross R over L(&) 3:00

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