

# Long Walk

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Ryan King (UK) - June 2015  
音乐: 500 Miles – Haley & Michaels



**Intro: 48 Count Intro – Start on 'If I get drunk'**

**Walk R L ¼, R Shuffle ¼, Walk L R ¼, L Shuffle ¼**

1 2            ¼ right turn Step right forward, step left forward (3:00)  
3 & 4        ¼ right turn shuffle forward RLR (6:00)  
5 6            ¼ right turn Step right forward, step left forward (9:00)  
7 & 8        ¼ right turn shuffle forward RLR (12:00)

**Restart here on Wall 3.**

**Walk Forward R L, R Mambo, Walk Back L R, L Coaster**

1 2            Walk forward right, left. (12:00)  
3 & 4        Rock forward right, recover onto left, step back right. (12:00)  
5 6            Walk back left, right. (12:00)  
7 & 8        Step back left, step right next to left, step forward right. (12:00)

**R Side Together Rock & Cross, L Side Together ¼ Chasse**

1 2            Step right to right side, step left next to right. (12:00)  
3 4            Rock out right, recover onto left, cross right over left. (12:00)  
5 & 6        Step left to left side, step right next to left. (12:00)  
7 & 8        Step left to left side, step right next to left, step left to left side making ¼ left. (9:00)

**R Rock Recover, R Shuffle ½, L Shuffle ½, R Back Rock Recover**

1 2            Rock forward right, recover onto left. (9:00)  
3 & 4        Step back ¼ right, step left next to right, step ¼ right. (3:00)  
5 & 6        Step forward ¼ left, step right next to left, step back ¼ left. (9:00)  
7 8            Rock back right, recover onto left. (9:00)

**Restart: Wall 3 dance 8 counts and start again.**

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