

Nathan's Heart

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Willie Brown (SCO) - June 2015
音乐: Take Another Little Piece Of My Heart - Nathan Carter : (Album: Time Of My Life)



Intro; 20 counts – 19 secs approx □□□

Section 1: □SIDE-TOGETHER-FORWARD (x2), ROCKING CHAIR, 1/4 PIVOT-CROSS

1&2 Step Right to Right side, step Left beside Right, step forward on Right
3&4 Step Left to Left side, step Right beside Left, step forward on Left
5&6& Rock forward on Right, recover back on Left, rock back on Right, recover forward on left
7&8 Step forward on Right, pivot 1/4 Left (taking weight on Left), cross Right over Left

Section 2: □SIDE-TOGETHER-FORWARD (x2), ROCKING CHAIR, 1/2 PIVOT-STEP

1&2 Step Left to Left side, step Right beside Left, step forward on Left
3&4 Step Right to Right side, step Left beside Right, step forward on Right
5&6& Rock forward on Left, recover back on Right, rock back on Left, recover forward on Right
7&8 Step forward on Left, pivot 1/2 Right (taking weight on Right), step forward on Left

Section 3: □SIDE STRUT, BACK ROCK (x2), SIDE STRUT, BEHIND-SIDE-CROSS SHUFFLE

1&2& Touch Right toe to Right side, take weight on Right, rock back on Left, recover forward on Right
3&4& Touch Left toe to Left side, take weight on Left, rock back on Right, recover forward on Left
5&6& Touch Right toe to Right side, take weight on Right, cross Left behind Right, step Right to Right side
7&8 Cross Left over Right, step Right slightly to Right side, cross Left over Right

Section 4: □STEP TOUCH, STEP KICK, BEHIND-SIDE-CROSS (x2)

1& Step Right to Right side, touch Left beside Right
2& Step Left to Left side, kick Right to Right diagonal
3&4 Cross Right behind Left, step Left to Left side, cross Right over left
5& Step Left to Left side, touch Right beside Left
6& Step Right to Right side, kick Left to Left diagonal
7&8 Cross Left behind Right, step Right to Right side, cross Left over Right

TAGS/RESTARTS;

End of Wall 1 – facing 3 o'clock do the 8 count TAG which is a repeat of section 3 – the 'Toe Strut' section

During Wall 3 – facing 9 o'clock RESTART after section 3, missing out section 4 (you'll hear it; 'come on, come on, come oooooon')

End of Wall 4 – facing 12 o'clock do the 8 count TAG

During Wall 6 – facing 6 o'clock RESTART after section 3 ('come on, come on, come oooooon')

End of Wall 8 – facing 12 o'clock do the 8 count TAG

****The sequence is a LOT easier to remember than it looks****

Contact - williebrownuk@yahoo.co.uk