Like a Boomerang

级数: Improver

编舞者: Namida Dancers (CH) - June 2015

音乐: Boomerang - Cole Swindell : (Album: Down Home Sessions EP)

[1-8] □CROSS ROCK, SIDE ¼ TURN STEP ¼ TURN, BEHIND SIDE ¼ TURN, STEP ¾ TURN SIDE ROCK□

- 1, 2 RF cross step over LF, weight recover to LF
- 3, 4 RF step to right with 1/4 turn to right, LF step forward with 1/4 turn to right
- 5, 6 RF cross behind LF, LF step to left with 1/4 turn to left
- 7, 8 RF step forward 3/4 Turn to left, LF step to left side

[9-16] CROSS ¾ TURN, BACK ¼ TURN CROSS, SIDE ¼ TURN BACK ¼ TURN CROSS ROCK STEP

- 1, 2 LF cross step over RF with 3/4 turn to right
- 3, 4 RF step back with 1/4 turn to right, LF cross over RF
- 5, 6 RF step to right with 1/4 turn to left, LF step back with 1/4 turn to left
- 7, 8 RF cross step over LF, weight recover to LF

[17-24] □SHUFFLE BACK, TOUCH BACK UNWIND ½ TURN, CROSS ROCK STEP, SIDE CROSS

- 1&2 RF step back, LF step beside RF, RF step back
- 3, 4 LF touch back, 1/2 turn to left
- 5, 6 RF cross step over LF, weight recover to LF
- 7, 8 RF step to right, LF cross step over RF

[25-32] ERECOVER SIDE, CROSS ROCK STEP, TOUCH BACK UNWIND ½ TURN, SHUFFLE FORWARD

- 1, 2 Weight recover to RF, LF step to left
- 3, 4 RF cross step over LF, weight recover to LF
- 5, 6 RF touch back, 1/2 turn to right
- 7&8 LF step forward, RF step beside LF, LF step forward

[33-40] □KICK BALL CHANGE, STEP ½ TURN, SHUFFLE ½ TURN, ROCK STEP BACK

- 1&2 RF kick forward, RF close beside LF, LF step forward
- 3, 4 RF Step forward, 1/2 turn to left
- 5&6 RF step forward 1/4 turn left, LF close beside RF, RF step back 1/4 turn left
- 7, 8 LF step back, weight recover to RF

[41-48] SHUFFLE ½ TURN, BACK ½ TURN STEP, KICK BALL CHANGE, STEP ½ TURN

- 1&2 LF step forward 1/4 turn right, RF close beside LF, LF step back 1/4 turn right
- 3, 4 RF step back 1/2 turn to right, LF step forward
- 5&6 RF kick forward, RF close beside LF, LF step forward
- 7, 8 RF Step forward, 1/2 turn to left

Tag: on the end of wall 5

[1-4] □CROSS ROCK STEP, ROCK STEP BACK

- 1, 2 RF cross step over LF, weight recover to LF
- 3, 4 RF step back, weight recover to LF

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拍数: 48

墙数:2