

Pell City Cha Cha

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Beginner Cha Cha
编舞者: Helen Woods (USA) - June 2015
音乐: Angel Eyes - Tamara Walker : (CD: Wings Of A Dove 2 - iTunes and Amazon)



Alt. Songs:-

Sugar, Sugar by The Archies [CD: Sugar, Sugar / Available on both iTunes and Amazon]

Wonderful Waste of Time by Alabama [CD: When It All Goes South / Available on both iTunes and Amazon]

Angel Eyes – 32 count intro

Sugar, Sugar – 16 count intro

Wonderful Waste of Time – 48 count intro

SIDE, FORWARD ROCK, RECOVER, SIDE TOGETHER SIDE, BACK ROCK, RECOVER, STEP LOCK STEP

1-3 Step right to right side, rock left forward, recover to right
4&5 Step left to left side, step right beside right, step left to left side
6-7 Rock right back, recover to left
8&1 Step right forward, lock left behind right, step right forward

STEP, TURN, CROSS SIDE CROSS, SIDE ROCK, RECOVER, BEHIND SIDE CROSS

2-3 Step left forward, turn ¼ right shifting weight to right
4&5 Cross left over right, step right to right side, cross left over right
6-7 Rock right to right side, recover to left
8&1 Cross right behind left, step left to left side, cross right over left

SIDE ROCK, RECOVER, STEP LOCK STEP, STEP, TURN, TRIPLE STEP

2-3 Rock left to left side, recover to right
4&5 Step left forward, lock right behind left, step left forward
6-7 Step right forward, turn ½ left shifting weight to left
8&1 Step right forward, step left instep beside right heel, step right forward

HOLD BALL STEP, ROCK RECOVER CROSS, TURN, SIDE, SIDE TOGETHER

2&3 Hold, step ball of left beside right, step right forward
4&5 Rock left to left side, recover to right, cross left over right
6-7 Turn ¼ left stepping right back, step left to left side
8& Step right to right, step left beside right

REPEAT

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