

You're So Beautiful

COPPER **KNOB**
STEPSHEETS

拍数: 96 墙数: 0 级数: Phrased Intermediate Soul
编舞者: Lorenzo Golo Evans (USA) - June 2015
音乐: You're So Beautiful - Jussie Smollett



Pattern A,B,C,C,A,B,C,C,A,C,C,Tag,B

PART A: 32 counts

A[1-8] Syncopated Heel Taps with Kick into Sailor Step (Both R & L Sides)

- 1 Tap R Heel out to the R
- 2 Kick R Foot out to the R
- 3 & 4 Sailor Step (R behind L) Weight ends on the R
- 5 Tap L Heel out to the L
- 6 Kick L Foot out to the L
- 7 & 8 Sailor Step (L behind R) Weight Ends on Right

A[9-16] Repeat Steps 1-8

A[17-24] Syncopated forward walking steps with kick, syncopated backward walking steps ending with Coaster step

- 1 Walk forward starting with R
- 2 Step Forward L
- 3 Step Forward R
- 4 Kick L Forward
- 5 Walking backward -Step L
- 6 Step Back R
- 7 & 8 Left Coaster Step (Step Back L, Step Forward R, Step Forward L) Weight Ends on L

A[25-32] Kick Forward, Step Back, Quarter Twist, Face Front

- 1 Kick Forward R
- 2 Step Back R
- 3 (with L foot in front of R) twist body 1/4 R
- 4 twist body 1/4 L back to Front Wall
- 5 (with weight on R) Kick Forward L
- 6 Step Back L
- 7 (with R foot in front of L) twist body 1/4 L
- 8 twist body 1/4 R back to Front Wall

PART B: 32 counts

[33-40] Steps with Knee Lifts with Quarter Turning Swivels/Twists (4 Walls)

- 1 Big Step Forward Right
- 2 Step Forward L and Lift R Knee
- & Step down w/ R
- 3 Step Forward L and Lift R Knee
- & Step down w/ R
- 4 Step Forward L and Lift R Knee
- 5 Step Back R
- 6 Step Back L
- 7 & 8 2 Syncopated Twists Turning 1/4 L to Face Left Wall (Weight Ends on L)

[41-64] Repeat 1-8 on each wall until you return to front wall

PART C- 32 Counts (Chorus of Song)

PART C

[65-80] Grapevines to the Right and Left

1-4 Syncopated Grapevine R
5-8 Syncopated Grapevine L
9-16 Repeat (1-8)

[81-88] Up and Down Motion with hands in stylized compression motion

1-8 Motion matches lyrics of the song "go up-down-up-down-up-down"

[89-96] "Shake it Fast" Step Right and hips roll from left to right slowly, twist R & L

1 Big Step to Right Starting slow hip Roll from L to R
2-4 Hips Slowly Roll from Left to Right
5&6 Heels and Hips twist L-R-L
7&8 Heels and Hips twist R-L-R

TAG- 16 Counts

On the 4th Rotation of PART C do the "up-down-up-down" motion for Three 8 Counts instead of One

Pattern A,B,C,C,A,B,C,C,A,C,C,Tag,B
