

# American Honey (美國甜心) (zh)

COPPER KNOB  
STYLEDANCE

拍数: 32      墙数: 4      级数: Intermediate  
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音乐: American Honey - Lady A



前奏: Starts After 16 Counts. 16拍後起跳

**第一段 Step, Step 1/2 Pivot Step, Rock & Step, 1/2, 1/4, Rock & Side.**  
踏, 踏 轉 踏, 前曼波, 1/2 1/4, 後交叉 回復 右踏

- 1 Step forward on Left. 左足前踏
- 2&3 Step forward on Right, pivot 1/2 turn to Left, step forward on Right.  
右足前踏, 左軸轉180度, 右足前踏
- 4&5 Rock forward on Left, recover on Right, step back on Left.  
左足前下沉, 右足回復, 左足後踏
- 6-7 Make 1/2 turn to Right stepping forward on Right, 1/4 turn to Right stepping Left to Left side. 右轉180度  
右足前踏, 右轉90度左足左踏
- 8&1 Cross rock Right behind Left, recover on Left, step Right to Right side. 右足於左足後交叉下沉, 左足回復,  
右足右踏

**第二段 Behind & Cross, Rock & Cross, Sway, Sway, Sailor 1/2 Turn.**  
後 旁 前, 曼波交叉, 左擺臀, 右擺臀, 轉水手

- 2&3 Cross step Left behind Right, step Right to Right side, cross step Left over Right. 左足於右足後交叉踏,  
右足右踏, 左足於右足前交叉踏
- 4&5 Rock to Right side on Right, recover on Left, cross step Right over Left. 右足右下沉, 左足回復, 右足於左  
足前交叉踏
- 6-7 Step Left to Left side swaying hips Left, recover on Right swaying hips to Right. 左足左踏左擺臀, 右足回  
復右擺臀
- 8&1 Make 1/4 turn to Left crossing Left behind Right, 1/4 turn Left stepping Right next to Left, step forward on  
Left. \*\*T2\*\*  
左轉90度左足於右足後交叉踏, 左轉90度右足併踏, 左足前踏

**TAG 2: Wall 6..Dance Up To & Including Sailor 1/2 Turn (8&1) In Section 2... Then Add 3 Walks Forward, Right-Left-Right... Then Restart Dance From Beginning.**

第六面牆跳至第二段轉水手時, 加三次前走-右, 左, 右, 從頭起跳

**第三段 Step 1/2 1/4, Rock & Side, Cross, Side, Sailor 1/4.**  
踏 轉 1/4, 交叉曼波, 交叉 左踏, 1/4轉水手

- 2&3 Step forward on Right, make 1/2 turn to Right stepping back on Left, 1/4 turn to Right stepping Right to  
Right side.  
右足前踏, 右轉180度左足後踏, 右轉90度右足右踏
- 4&5 Cross rock Left over Right, recover on Right, step Left to left side.  
左足於右足前交叉下沉, 右足回復, 左足左踏
- 6-7 Cross step Right over Left, step Left to left side.  
右足於左足前交叉踏, 左足左踏
- 8&1 Make 1/4 turn to Right crossing Right behind Left, step Left next to Right, step forward Right.  
右轉90度右足於左足後交叉踏, 左足併踏, 右足前踏

**第四段 Walk, Walk, Rock & Kick Cross, Rock & Kick Cross, Rock & (Step)**  
走 走, 左下沉 回復 踢 交叉, 右下沉 回復 踢 交叉, 左下沉 回復

- 2-3 Walk forward Left-Right. 左足前走, 右足前走
- 4&5& Rock to Left side on Left, recover on Right, kick Left forward, cross step Left slightly over Right.  
左足左下沉, 右足回復, 左足前踢, 左足於右足前交叉踏
- 6&7& Rock to Right side on Right, recover on Left, kick Right forward, cross step Right slightly over Left.  
右足右下沉, 左足回復, 右足前踢, 右足於左足前交叉踏

8&(1) Rock to Left side on Left, recover on Right, (step forward on Left.)  
左足左下沉, 右足回復(接續第1拍左足前踏)

**TAG 1:** END of Wall 3 & Wall 5. 第三面牆及第五面牆結束後加拍

**(Step,) Rock & 1/2, Walk, Walk, Step 1/2 Step, Step.**  
**踏, 曼波轉, 走走, 踏轉踏, 踏**

(1) (Step forward on Left) 左足前踏

2&3 Rock forward on Right, recover on Left, make 1/2 turn to Right stepping forward on Right. 右足前下沉, 左足回復, 右轉180度右足前踏

4-5 Walk forward Left-Right. 左足前走, 右足前走

6&7 Step forward on Left, pivot 1/2 turn to Right, step forward on Left.  
左足前踏, 右軸轉180度, 左足前踏

8 Step forward on Right. 右足前踏

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