

Raise 'Em Up

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: High Intermediate
编舞者: Tony Myers (UK) - June 2015
音乐: Raise 'Em Up (feat. Eric Church) - Keith Urban



Intro 16 Counts

SEC 1:-Step Forward: Diagonal Rock, Recover: Behind, Side, Cross: Turn, Rock Back: Recover, Full Turn

1 Step forward on left (1)
2 3 Rock forward on right to right diagonal (2) Recover weight back onto left(3)
4&5 Step right behind left(4) Step left to side (&) Cross right over left (5)
6 7 Turn ¼ right stepping back on left (6) Rock back on right (7) (3:00)
8&1 Recover weight forward onto left (8) Turn ½ left stepping back on right (&) Turn ½ right stepping forward on left (1)

SEC 2:-Side, Together: Step, Lock, Step: Turn, Touch: Coaster Cross

2 3 Turn 1/8 right step right to side (2) Step left next to right (3) (4:30)
4&5 Turn 1/8 right step forward on right (4) Lock left behind right (&) Turn 1/8 right step forward on right (5) (7:30)
6 7 Turn 1/8 right on ball of right sweeping left round (6) Touch left beside right (7) (9:00)
8&1 Step back on left (8) Step right next to left (&) Cross left over right (1) (#Restart wall 2 facing 12:00)

SEC 3:-Side, Together: Forward Shuffle: Cross, Turn: Shuffle Turn

2 3 Step right to side (2) Step left next to right (3)
4&5 Step forward on right (4) Step left with right (&) Step forward on right (5)
6 7 Cross left over right (6) Turn ¼ left stepping back on right (7) (6:00)
8&1 Turn ¼ left stepping left to side (8) Step right next to left (&) Turn ¼ left stepping forward on left (1) (12:00)

SEC 4:- Point Turn : Cross Shuffle: Back Rock, Recover: Heel, Ball, Cross

2 3 Point right to side (2) Turn ¼ right placing weight onto right (3) (3:00)
4&5 Cross left over right (4) Step right to side (&) Cross left over right (5)
6 7 Rock back on right (6) Recover weight onto left (7)
8&1 Dig right forward forward (8) Step onto right (&) Cross left over right (1)

SEC 5:- Sway Right, Left: Sailor Turn: Heel Turn: Rock & Cross

2 3 Step right to side sway right (2) Sway to left (3)
4&5 Step right behind left (4) Turn ¼ right stepping left to side (&) Turn ¼ right stepping right to side (5) (9:00)
6 7 Grind left heel turning ¼ left (6) Transfer weight onto right (7) (6:00)
8&1 Rock left to side (8) Recover weight onto right (&) Cross left over right (1)

SEC 6:- Step Back, Touch: Step, Turn, Step: Point, Hitch: Coaster Cross

2 3 Step back on right (2) Touch left across right (3)
4&5 Step forward on left (3) Pivot ½ turn right (&) Step forward on left (5) (12:00)
6 7 Point right to side (6) Hitch right knee (7)
8&1 Step back on right (8) Step left next to right (&) Cross right across left(1)

SEC 7:-Forward, Turn Hook: Side Chasse: Behind, Turn: Mambo Forward

2 3 Step forward on left (2) Turn ½ right on ball of left hook right over left ankle (3) (6:00)
4&5 Step right to side (4) Step left next to right(&) Step right to side (5)
6 7 Step left behind right (6) Turn ¼ right stepping forward on right (7) (9:00)

8&1 Rock forward on left (8) Recover weight to right (&) Step back on left (8)

SEC 8:-Heel Toe: Mambo Turn: Cross, Point: Kick, Ball, Step

2 3 Dig right heel forward (2) Touch right toes back (3)

4&5 Rock forward on right (4) Recover weight onto left (&) Turn ½ right stepping forward on right (5) (3:00)

6 7 Cross left over right (6) Point right to side (7)

8&(1) Kick right forward (7) Step onto right (&) (Step forward on left (1))

Restart on count 17 wall 2 facing 12:00

During wall 4 music slows, just dance through it and it stays on beat.

Have Fun

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