

Good Time Rock & Roll

COPPER KNOB
STEPSHEETS

拍数: 32
编舞者: Ira Weisburd (USA) - June 2015
音乐: And I - Danny & Bongy

墙数: 4

级数: Improver / Intermediate



Introduction: 8 counts. Start on vocal at 6 seconds.
NO TAGS !! NO RESTARTS !!

PART I. (TOE, STEP, TOE STEP, BACK, RECOVER, SIDE, KICK L; WEAVE BACK 3 STEPS, KICK R, WEAVE BACK 3, HOLD)

1&2& Touch R toe in place, Step down onto R, Touch L toe in place, Step down onto L
3&4& Step R back, Recover forward onto L, Step R to R, Kick L to L
5&6& Step L behind R, Step R to R, Step L across R, Kick R to R
7&8 Step R behind L, Step L to L, Step R across L

PART II. (SIDE TOE STRUT, CROSS TOE STRUT, L NIGHTCLUB; SIDE, BEHIND, 1/4 R, PIVOT 1/2 TURN R ONTO L, BACK, RECOVER)

1&2& Touch L toe to L, Step down onto L foot, Touch R toe across L, Step down onto R
3,4& Step L to L, hold, Step R back, Recover forward onto L
5,6& Step R to R, hold. Step L behind, Make 1/4 R turn onto R (3:00)
7,8& Step L forward and pivot 1/2 Turn R (9:00), Step R back, Recover forward onto L

PART III. (R FORWARD TOE STRUT, L FORWARD TOE STRUT, MAMBO FORWARD; MAMBO BACK, 1/4 TURN R, SIDE, BACK, RECOVER)

1&2& Touch R toe forward, Step down on R, Touch L toe forward, Step down on L
3&4 Step R forward, Recover back onto L, Step R back
5&6 Step L back, Recover forward onto R, Step L forward
7&8& Make 1/4 Turn R onto R (12:00), Step L to L, Step R back, Recover forward onto L

PART IV. (SIDE TOE STRUT, CROSS TOE STRUT, BEHIND, SIDE, CROSS, SIDE; HEEL, STEP, CROSS, SIDE, HEEL, 1/4 TURN L, PIVOT 1/2 TURN L)

1&2& Touch R toe to R, Step down on R, Touch L toe across R, Step down on L.
3&4& Step R behind L, Step L to L, Step R across L, Step L to L
5&6& Touch R heel to R, Step down on R, Step L across R, Step R to R
7&8& Touch L heel to L, Make 1/4 Turn L onto L (9:00), Step R forward, Pivot 1/2 Turn L onto L (3:00)

BEGIN DANCE.

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Last Update - 10th May 2016