

Make Me Lose My Mind

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Lose My Mind - Brett Eldredge



Intro: 16 counts (start on Lyrics)

Walk R-L Fwd, R Step-Lock-Step-Scuff, L Step-Lock-Step-Scuff, R Rocking Chair

1-2 Walk R-L fwd
3&4& Step R fwd, lock L behind R, step R fwd, scuff L
5&6& Step L fwd, lock R behind L, step L fwd, scuff R
7&8& Rock R fwd- recover to L, rock R back- recover to L

****2nd Restart Here****

R Shuffle Fwd, L Rocking Chair, L Shuffle Fwd, 1/4 Turning Shuffle

1&2 Step R fwd, step L together, step R fwd
3&4& Rock L fwd- recover to R, rock L back- recover to R
5&6 Step L fwd, step R together. step L fwd
7&8 Step R into 1/4 turn L, step L next to R, step R to R side

L Sailor Step, R Kick-Ball-Change, R Heel Grind, R Coaster Step

1&2 Cross L behind R, step R together, step L to L side
3&4 Kick R foot fwd, step R next to L, step L in place next to R

****1st Restart Here****

5-6 Grind R heel fwd, step L slightly to the side
7&8 Step R back, step L next to R, step R fwd

L Heel Grind, L Coaster Step, Jazz Box

1-2 Grind L heel fwd, step R slightly to the side
3&4 Step L back, step R next to L, step L fwd
5-8 Cross R over L, step back on L, step R to R side, step L next to R

Restarts:

On wall 3(6:00)- Do the 1st 20 counts then restart (restart on the 3:00 wall)

On wall 7(6:00)- Do the 1st 8 counts then restart (restart on the 6:00 wall)

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