

Alone

COPPER KNOB
BYEBOBETS

拍数: 32 墙数: 4 级数: Newcomer
编舞者: Jérôme Ciurana (FR) - April 2015
音乐: Alone - Selah Sue



Intro : 16 Count or 9sec under the lyrics do 7 walls complete and do the Tag [F3H] then dance at the end
CCW dance

[1-8] WALK, WALK, MAMBO STEP, BACK, BACK, SAILOR STEP

1-2 Step RIGHT forward, Step LEFT forward
3&4 Rock forward on right, Recover on left, Step RIGHT back
5-6 Step LEFT back, Step RIGHT back
7&8 Cross LEFT behind right, Step right to right side, Step LEFT in place {sailor step}

[9-16] POINT, 1/2 TURN, STEP 1/4 TURN, SYNCOPATED WEAVE, POINT

1-2 Touch RIGHT toe back, Pivot 1/2 turn left (weight on right) [6H]
3-4 Step LEFT forward, Turn 1/40 turn right (weight on right) [9H]
5&6 Cross LEFT in front of right, Step RIGHT to right side, Cross LEFT behind RIGHT
&7 Step RIGHT to right side, Cross LEFT in front of right
8 Touch RIGHT toe to right side

[17-24] STEP, POINT + SNAP, STEP, POINT + SNAP, BACK, POINT + SNAP, BACK, POINT + SNAP

1-2 Step RIGHT forward, Touch LEFT toe to left side and snap
3-4 Step LEFT forward, Touch RIGHT toe to right side and snap
5-6 Step RIGHT back, Touch LEFT toe to left side and snap
7&8 Step LEFT back, Touch RIGHT toe to right side and snap

[25-32] JAZZ BOX, STEP 1/2 TURN, STEP 1/2 TURN

1-2 Cross RIGHT over left, Step LEFT back
3-4 Step RIGHT to right side, Step LEFT forward
5-6 Step RIGHT forward, Turn 1/2 left (weight on left) [3H]
7-8 Step RIGHT forward, Turn 1/2 left (weight on left) [9H]

Tag : 4 Temps

[1-4] ROCKIN CHAIR

1-2 Rock RIGHT forward, Recover weight on LEFT {rock step}
3-4 Rock RIGHT back, Recover weight on LEFT {rock step}

I'M ALONE, SNIF SNIF !!!!!!!!!!!

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<http://club.quomodo.com/spiritofcountry/bienvenue.html>