

# The Bomp

拍数: 64      墙数: 2      级数: Improver  
编舞者: Kim Ray (UK) - May 2015  
音乐: Who Put the Bomp? - The Overtones : (Album: Saturday Night At The Movies)



Intro: 8 counts once music kicks in

## S1: TOE STRUTS, ROCKING CHAIR

1-2            Step forward on right toe, drop down heel  
3-4            Step forward on left toe, drop down heel  
5-6            Rock forward on right, recover back on left  
7-8            Rock back on right, recover forward on left (12o/c)

## S2: TOE STRUTS, ROCKING CHAIR

1-2            Step forward on right toe, drop down heel  
3-4            Step forward on left toe, drop down heel  
5-6            Rock forward on right, recover back on left  
7-8            Rock back on right, recover forward on left (12o/c)

## S3: STEP FORWARD, HOLD, ½ PIVOT TURN LEFT, HOLD, ¼ PIVOT CROSS HOLD

1-2            Step forward on right, hold  
3-4            ½ pivot turn left, hold (6o/c)  
5-6            Step forward on right, ¼ pivot turn left (3o/c)  
7-8            Cross right over left, hold

## S4: STEP BACK LEFT, HOLD, STEP BACK RIGHT, HOLD, LEFT SHUFFLE FORWARD, HOLD

1-2            Large step back on left pushing bum back, hold  
3-4            Step right next to left, hold  
5-6            Step forward on left, step right next to left  
7-8            Step forward on left, hold (3o/c)

## S5: SIDE STEP RIGHT, HOLD, BACK ROCK/RECOVER, SIDE STEP LEFT, HOLD, BACK ROCK/RECOVER,

1-2            Large step to right side, hold  
3-4            Rock back on left, recover on right  
5-6            Large step to left side, hold  
7-8            Rock back on right, recover on left (3o/c)

## S6: RUMBA BOX WITH HOLDS

1-2            Step side right, step left next to right  
3-4            Step forward on right, hold  
5-6            Step side left, step right next to left  
7-8            Step back on left, hold (3o/c)

## S7: RIGHT LOCK STEP BACK, HOLD, COASTER STEP, HOLD

1-2            Step back on right, cross left over right  
3-4            Step back on right, hold  
5-6            Step back on left, step right next to left  
7-8            Step forward on left, hold (3o/c)

## S8: WALKS FORWARD, HOLD, RUN ¾ TURN LEFT

1-2            Step forward on right, hold  
3-4            Step forward on left, hold

5-6 Start to make a  $\frac{3}{4}$  turn left, run round stepping right, left  
7-8 Finish  $\frac{3}{4}$  turn left, running round stepping right, left (6o/c)

**Ending: You will finish dance facing front wall - dance first 16 counts then:-  
Stomp right foot forward and splay arms to sides.**

Contact: [kim.ray1956@icloud.com](mailto:kim.ray1956@icloud.com)

---